

# Panther Invitational Track Meet

Date: Friday, April 22th, 2016

Place: Pauls Valley- Wacker Park

Time: Coaches Meeting 9:30 a.m. -- All Events 10:00 a.m.

Awards: Medals to top 6 places ó No team champions or trophies

Cost: \$90 per team \$180 for both or \$15 per individual

Teams may **NOT** run more than 3 in each event!!

## Field Events

Long Jump: Girls, Boys

High Jump: Boys, Girls

Shot: Boys, Girls

Disc: Girls, Boys

Pole Vault G-B

LJ, SHOT, DISCUS (3 attempts- 7 to finals)

## Running Events, Timed Finals

Order (Girls, Boys)

400m Relay

3200m Relay

100m Hurdles

110m Hurdles

3200m Run (Boys)

800m Relay

800m Run

100m Dash

3200m Run (Girls)

400m Dash

300m Hurdles

200m Dash

1600m Run

1600m Relay

**Contacts: Lee Ann Musgrove- 405-990-9286 e-mail--[lmusgrove@paulsvalley.k12.ok.us](mailto:lmusgrove@paulsvalley.k12.ok.us)**

**Kirk Moore- 405-207-6717--Athletic Director**

**Please call or e-mail to confirm!!!!**