

PAWNEE 7th & 8th GRADE TRACK MEET

Tuesday, April 26, 2016

We would like to extend an invitation to your 7th and 8th grade track teams to participate in our track meet. We have a newly resurfaced 7 lane track. The meet will be held at the football stadium north of Pawnee on Highway 18.

DATE: Tuesday, April 26, 2016

TIME: Coaches' Meeting - 9:00 a.m (Coach check in at table).

Field Events - 9:30 a.m.

Running Events ó 10:00 a.m.

DIVISIONS: Four divisions: 7th Girls, 7th Boys, 8th Girls, And 8th Boys

ENTRY FEES: \$75.00 for one division.

\$15.00 for individuals if less than five individuals on a team.

Make checks payable to Pawnee Track.

AWARDS: Medals will be presented to the top three places in each event. A plaque will be presented to the 1st place team in each division.

LIMITATIONS: Each contestant is limited to four events, including relays. Each school is limited to three entrants in each event and one team in each relay.

TEAM POINTS: Awarded to 1st thru 6th places (10-8-6-5-2-1) in individual events and in relays (20-16-12-8-4-2).

EQUIPMENT: Pawnee will furnish all starting blocks to contestants. Spikes must be 1/4" or shorter.

If you wish to enter, complete the information below and return to

Pawnee Middle School, 605 Denver Street, Pawnee, Oklahoma 74058, or fax to 918-762-3585.

Or you can email at aaron.spears@pawnee.k12.ok.us

We will call those schools if bad weather forces cancellation.

If you need further information, contact

Chad Tsothigh - 918-762-3676

Aaron Spears ó 405-612-0320(cell)

ENTRY FORM

PAWNEE 7th/8th GRADE TRACK MEET

PLEASE FILL OUT ALL INFORMATION

SCHOOL _____ SCHOOL PHONE _____

COACH _____ COACH PHONE _____

_____ 7th grade girls _____ 7th grade boys _____ 8th grade girls _____ 8th grade boys

PAWNEE MIDDLE SCHOOL

ORDER OF EVENTS

9:00 a.m. Coaches meeting in field house (North of home bleachers)

9:30 a.m. Field Events (three throws or jumps)

10:00 a.m. Running Events (all running events are timed finals)

400 Relay	7G	8G	7B	8B
100 Hurdles	7G	8G		
110 Hurdles			7B	8B
800 Relay	7G	8G	7B	8B
800 Run	7G	8G	7B	8B
100 Dash	7G	8G	7B	8B
400 Dash	7G	8G	7B	8B
200 Dash	7G	8G	7B	8B
1600 Run	7G	8G	7B	8B
1600 Relay	7G	8G	7B	8B

Shot Put	7th boys, 8th boys, 7th girls, 8th girls
Discuss	7th girls, 8th girls, 7th boys, 8th boys
High Jump	8th boys, 7th boys, 8th girls, 7th girls
Long Jump	8th girls, 7th girls, 8th boys, 7th boys