

**BANCFIRST  
RED DEVIL RELAYS  
FRIDAY MARCH 11, 2016 \*  
PRAGUE HIGH SCHOOL  
3A & BELOW H.S. GIRLS & BOYS**

Coaches Meeting -12:30 P.M.    F.E.-1:00 P.M.    Track-1:30 P.M.

**DISTINCTIVE FEATURES**

3 Trophies per division  
5 Medals per event-including all 5 relays  
Quadathlon in each division (200-Shot-LJ-800)  
Mile Medley (800-200-200-400)  
4x200 for both genders  
Score 8 places/event ((10-8-6-5-4-3-2-1) (Double for relays & quadathlon)  
3A & below schools only

**LIMITATIONS**

4 Events/Indiv. (Quad. counts as all 4)  
3 Scoring Indiv./Event; 1 relay team (unless part of dedicated team)

**ENTRY FEES**

\$90.00/ Division or \$160.00 for both

**CONCESSION STAND AVAILABLE  
COACHES MEAL PROVIDED**

Bus Parking- East of Football Field  
Team Camps- West of Football Field

If you plan to attend, or if you have any questions, call Coach Martin at your convenience.

405-567-5563 (cell)  
405-567-3888 (home)

Terry Martin  
PHS Track

\*If a Prague basketball team is playing in the State Semi-finals on Friday we will postpone to a later date-TBA\*

# **BANCFIRST RED DEVIL RELAYS**

## **ORDER OF EVENTS**

**FRIDAY MARCH 11, 2016**

**PRAGUE HIGH SCHOOL**

**TRACK-1:30 P.M.**

Q200  
4X100 pre  
4X800  
100/110 Hurdles  
100 pre  
1600 G  
4X200  
1600 B  
300 Hurdles  
1600 Medley  
(800-200-200-400)

**FIELD-1:00 P.M.**

SHOT-G, Q?, B  
DISCUS-B, G  
LJ-B, Q?, G  
HJ-G, B  
PV-B, G

**SHORT BREAK**

4X100 Final  
800  
Q800 G ?  
100 Final  
Q800 B ?  
400  
3200 G  
200  
3200 B  
4X400