

2016Patriot Open Saturday March 5th

This meet is open to the first 12 teams that are interested in attending. If you plan on attending please email.

JohnM@putnamcityschools.org

ATTENTION COACHES: Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1 – 5. The entry deadline for this meet is <u>Thurs. March 3rd</u> by 5:00pm. This is a <u>Roster Only</u> meet. Log into your **TrackRoster** account at: <u>www.trackroster.com</u> ***NO LATE ENTRIES*****

COACHES' MEETING—10:00 (South End Zone of Football Field) FIELD EVENTS—10:30-11:00 RUNNING EVENTS—11:15pm (Rolling Schedule)

TWO DIVISIONS: High School Girls and High School Boys

SCORING: Individual Events: 10-8-6-4-2-1; Relay Events: 20-16-12-8-4-2

<u>AWARDS:</u> Team: Champion Individual and Relays: Top three in each event

FIELD EVENTS: Each athlete will be given <u>3 throws</u> & jumps. <u>2 warm ups</u>

<u>CONCESSIONS / ADMISSION:</u> The concession stand will be open. Admission will be \$5.00 for spectators. Restrooms available

<u>PARKING</u> : Bus parking on the West end of the stadium, Team Camps North East corner of stadium (look for signs)

ENTRY FEE: \$75 per division / \$150 for both (girls and boys teams)

\$50.00 for per each B team division Boys/Girls =\$100.00

- **<u>TO ENTER:</u>** 1. <u>CONFIRM BY EMAIL TO</u>: JohnM@putnamcityschools.org
 - 2. Submit entries on trackroster.com by 5:00pm Monday March3rd , 2016
 - 3. Send check payable to "Putnam City West Track and Field"
 - To: John Miller, Putnam City West Track
 - 8500 NW 23rd St. Okc, Ok 73127-1199

Patriot Open Event

Saturday, March 5th, 2016

FIELD EVENTS—10:30/11 START TIME

| SHOT PUT | GIRLS, BOYS |
|------------|-------------|
| DISCUS | BOYS, GIRLS |
| LONG JUMP | GIRLS, BOYS |
| HIGH JUMP | GIRLS, BOYS |
| POLE VAULT | GIRLS, BOYS |
| | |

RUNNING EVENTS 11:15 PM START TIME

| 4 X 100 RELAY | GIRLS, BOYS |
|--------------------|-------------|
| 4 X 800 RELAY | GIRLS, BOYS |
| 100 INTER. HURDLES | GIRLS |
| 110 HIGH HURDLES | BOYS |
| 3200 RUN | GIRLS, BOYS |
| 4 X 200 RELAY | GIRLS |
| 800 RUN | GIRLS, BOYS |
| 100 DASH | GIRLS, BOYS |
| 400 DASH | GIRLS, BOYS |
| 300 LOW HURDLES | GIRLS |
| 300 INTER. HURDLES | BOYS |
| 200 DASH | GIRLS, BOYS |
| 1600 RUN | GIRLS, BOYS |
| 4 X 400 RELAY | GIRLS, BOYS |



PATRIOT OPEN INVOICE 2015

TEAM:_____

AMOUNT OWED: _\$140.00___ LATE FEE=____

PATRIOT OPEN TRACK MEET ENTRY FEE:

\$70.00/\$140.00 for both high-School Boys and Girls team

** write check to <u>"Putnam City West Track & Field</u>ö **

To: Kathy Hale Attn. John Miller Putnam City West Track & Field 8500 NW 23rd St. Oklahoma City, Ok 73127-1199

Please send form with check thank you