

Stillwater High School

Pioneer Relays

- Date: Friday, April 1st 2016
- Time: All teams report to HS Track by 3:30pm for coaches meeting. Field events will start at 3:45pm and running events will start at 4:00pm
- Divisions: There will be 2 divisions: HS Boys / HS Girls
- Entry Fee: \$90.00 for EACH division. HS Girls \$90, HS Boys \$90
please bring check with you, or let me know that "The check is in the mail".
- Coaches: There will be preliminaries and finals in the L J, Shot and Discus we will take 8 to the finals.
- Awards: Medals to the first three places. Trophies to the top two teams
- Heating: All athletes will need to heat in at the heating benches before their race (South end of the FB field).
- Limitations: Short (1/4) spikes. You may only have 3 athletes per event, 1 athlete may enter only 4 events. You can run a "B" team, but please clearly distinguish between the two.
- Team Points: 10-8-6-4-2-1. 20-16-12-8-4-2 (Relays)
- Dinner: We will feed all coaches dinner, but we will not be taking a break.
- Contacts: Stillwater High School—1224 N. Husband—Stillwater, Ok. 74075
Coach Rusty Atkins Cell (405) 714-0442
School Phone: (405) 533-6450 Fax: (405) 533-6464

**** Will Use TrackRoster.com****

*ATTENTION COACHES (On-line Entries): Schools planning to attend this meet must submit their entries on ENDURO Entries (TrackRoster) by completing Steps 1–3. (Steps 4 & 5 are optional.) The on-line entries for our meet is for a "Roster Only" meet. The on-line **ENTRY DEADLINE** for this meet is **the day before the meet @5:00pm**. Log into your account at: www.enduroentries.com *** NO LATE ENTRIES *** Schools who have not entered on-line will not be added at the meet. ***

* If you have any questions about your ENDURO Entries account, please email your questions to: kevin@endurousa.com