

Stroud Middle School

"Home of The Tigers"

212 West 7th Street, Stroud, Oklahoma 74079, Phone 918-968-2200, Fax 918-968-0773

Dear Track Coach:

We are pleased to announce the annual 7th & 8th grade invitational track meet. Our re-surfaced eight-lane track has a top of the line polyurethane finish. Consider this our sincere invitation to you and your team to attend our 7th & 8th grade meet. This meet will be run as timed finals.

DETAILS OF THE MEET:

- Date:** Saturday, April 9, 2016
Classes: 4A & Below Schools
Divisions: 7th Girls, 8th Girls, 7th Boys, and 8th Boys
Participation: Each event will be limited to three contestants per school.
Each contestant may enter no more than four events. Spike length should be ¼" or shorter. Blocks will be provided.
Time: Coaches meeting will be held at 9:00 a.m. with field events and running events beginning at 9:30 a.m.
Entry Fee: The entry fee is \$70.00 per division. \$15.00 per individual up to 4 individuals. Make checks payable to Stroud Middle School.
Scoring: No Team Scoring due to an increase in medals given.
Awards: Medals for the first three places in the relays. Top five receive medals in individual events.
Hospitality: There will be a coach's feed during the meet. Get ticket(s) when you pay.
Parking: Bus parking will be located in the middle school parking lot, just east of the track.
Tents: All camps will be located in the middle school playground.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

For additional information call:	Bob Wood	Bob Hoover
	918-968-2542 school	918-968-2542 school
	918-968-2027 home	
	918-290-0162 cell	

"Building Character Through Competitive Athletics"

ORDER OF EVENTS

TIMED FINALS-9:30 A.M.

400 Meter Relay	Girls-Boys
3200 Meter Relay	Girls-Boys
100 Meter Hurdles	Girls-Boys
800 Meter Relay	Girls-Boys
800 Meter Run	Girls-Boys
100 Meter Dash	Girls-Boys
400 Meter Run	Girls-Boys
300 Meter Hurdles	Girls-Boys
200 Meter Dash	Girls-Boys
1600 Meter Run	Girls-Boys
1600 Meter Relay	Girls-Boys

FIELD EVENTS-9:30 A.M.

Long Jump	7-G, 8-G, 7-B, 8-B
High Jump	7-B, 8-B, 7-G, 8-G
Shot Put	8-G, 7-G, 8-B, 7-B
Discus	8-B, 7-B, 8-G, 7-G
Pole Vault	8-G, 7-G, 8-B, 7-B

**COACHES, PICK UP YOUR MEDALS AND OTHER APPLICABLE
AWARD(S) AT THE END OF THE MEET. THEY WILL NOT BE GIVEN
TO THE ATHLETES. PLEASE CHECK FOR ACCURACY BEFORE
LEAVING THE MEET.**