



TAHLEQUAH JR HIGH TRACK MEET



March 22, 2016 • Tahlequah High School

Please read this information carefully and email to confirm your entry.
millere@tahlequahschools.org

Tahlequah High School welcomes you to our annual JR High Track Meet to be held at our eight lane all-weather track facility located east of the high school. The meet will be a timed finals event with schedule enclosed.

Entry Deadline: All entries are **DUE by Monday March 21, 4:00pm**. No exceptions.

Entry Procedure: This is a Rosters ONLY meet.
Entries are to be complete online using ENDUROENTRIES.COM .
Phone or faxed entries will not be accepted.
If you do not already have an account with ENDUROENTRIES you will need to visit the website (www.enduroentries.com) and select %Setup New Account+in the upper right hand corner.
*You **MUST** complete the following steps:*
(1) set up your account and a team for "Track",
(2) add the desired meet to your on-line schedule;
(3) enter the desired athletes in the desired meet

Entry Fee: \$75 per team, per gender (\$75 for girls, \$75 for boys), \$7 per individual if less than 4 members on team. No Refunds. Checks made out to Tahlequah Athletics and mail payment or bring check the day of the race. Mailing Address
Tahlequah Athletics
591 Pendleton
Tahlequah, OK 74464

Time: Coaches Meeting @ 9:30 - Field Events @ 10:00 - Running Events @ 10:00.

Coaches Mtg: Coaches will receive a packet with their printed rosters and competition numbers for each athlete. The athlete should have their competition number written on their right hand in permanent marker throughout the competition as they will need it to check in for events.

Check In: Athletes in lane running events will need to check in at the white track building at the west end of the track at least 30min before their event. Athletes in non-lane running events (3200 Relay, 800, 1600, 1600 Relay) will check in at the start line. Athletes who have not checked in will not be added into the field for that event. Field event athletes will check in at their sites.

Weigh In: All implements will need to be weighed in prior to the competition. Weigh in will be in the white track building.

Divisions: There will be four (4) divisions, 7th Boys & Girls, 8th Boys & Girls.

Team Points: Awarded to first through sixth place 10-8-6-4-2-1 in individual events and relays 20-16-12-8-4-2.

Awards: Awarded to first, second & third places in all events.
Awarded to first place team in each division.

Limitations: Each contestant will be limited to four events including relays. Each school will be limited to THREE entries in individual events and one entry in relay events. There will be no %B+teams.

Equipment: Blocks will be provided. ¼ inch spikes or shorter required.

OSSAA Rules Apply

There will be a coach's meal. The time for that break will be announced at the coaches meeting. Looking forward to hosting you and your athletes.

Elzy Miller

Track Coordinator

Cell . 918.931.2789

Email- millere@tahlequahschools.org

Athletic Director - 918.458.4154



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MEET SCHEDULE

FIELD EVENTS – 10:00 a.m.

High Jump	7B,8B,7G,8G
Long Jump	7G,8G,7B,8B
Shot Put	7G,8G,7B,8G
Discus	8B,7B,8G,7G
Pole Vault	All Boys ó All Girls

TIMED FINALS MEET – 10:00 a.m.

All events will be run 7G,8G,7B,8B unless otherwise noted.

We will operate on a rolling schedule, times listed are approximate start times

10:00	3200 METER RELAY	G + B will run together by grade
10:30	100 METER HURDLES	
10:40	110 METER HURDLES	
11:00	100 METER DASH	
11:20	800 METER RELAY	
11:40	800 METER RUN	
12:00	400 METER RELAY	
12:15	400 METER DASH	
12:35	300 METER HURDLES	
12:55	200 METER DASH	
1:20	1600 METER RUN	G + B will run together by grade
1:40	1600 METER RELAY	

- All athletes have been assigned a competitor number. Athletes shall write their competitor number on his or her right hand, which will be used during the event check-in process.
- Athletes in lane running events need to check in at the west end of the track 30 minutes prior to their event(s).
- Athletes in non-lane running events will report to the start finish line, they will not need to check in prior to their event.
- Field event athletes will check in at the event site(s).
- Coaches will need to get a meal ticket from Coach Frank. Meals can be picked up anytime from the concession stand.
- Results will be posted within 15min of the final heat of an event, after all divisions have completed. Results will be posted behind the press box.

Request for Taxpayer Identification Number and Certification

Give form to the requester. Do not send to the IRS.

Print or type
 See Specific Instructions on page 2.

Name County of Cherokee School Dist 35 Independent	
Business name, if different from above Tahlequah Public Schools	
Check appropriate box: <input type="checkbox"/> Individual/Sole proprietor <input type="checkbox"/> Corporation <input type="checkbox"/> Partnership <input checked="" type="checkbox"/> Other ▶ Education <input type="checkbox"/> Exempt from backup withholding	
Address (number, street, and apt. or suite no.) P O Box 517	Requester's name and address (optional)
City, state, and ZIP code Tahlequah OK 74465-0517	
List account number(s) here (optional)	

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. For individuals, this is your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see How to get a TIN on page 3.

Social security number								
or								

Note: If the account is in more than one name, see the chart on page 4 for guidelines on whose number to enter.

Employer identification number								
7	3	6	0	2	6	8	0	2

Part II Certification

Under penalties of perjury, I certify that:

1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me), and
2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and
3. I am a U.S. person (including a U.S. resident alien).

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the Certification, but you must provide your correct TIN. (See the Instructions on page 4.)

Sign Here

Signature of U.S. person ▶

Diane D. Adamson

Date ▶ **03/07/12**

Purpose of Form

A person who is required to file an information return with the IRS, must obtain your correct taxpayer identification number (TIN) to report, for example, income paid to you, real estate transactions, mortgage interest you paid, acquisition or abandonment of secured property, cancellation of debt, or contributions you made to an IRA.

U.S. person. Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN to the person requesting it (the requester) and, when applicable, to:

1. Certify that the TIN you are giving is correct (or you are waiting for a number to be issued),
2. Certify that you are not subject to backup withholding,
- or
3. Claim exemption from backup withholding if you are a U.S. exempt payee.

Note: If a requester gives you a form other than Form W-9 to request your TIN, you must use the requester's form if it is substantially similar to this Form W-9.

Foreign person. If you are a foreign person, use the appropriate Form W-8 (see Pub. 515, Withholding of Tax on Nonresident Aliens and Foreign Entities).

Nonresident alien who becomes a resident alien.

Generally, only a nonresident alien individual may use the terms of a tax treaty to reduce or eliminate U.S. tax on certain types of income. However, most tax treaties contain a provision known as a "saving clause." Exceptions specified in the saving clause may permit an exemption from tax to continue for certain types of income even after the recipient has otherwise become a U.S. resident alien for tax purposes.

If you are a U.S. resident alien who is relying on an exception contained in the saving clause of a tax treaty to claim an exemption from U.S. tax on certain types of income, you must attach a statement that specifies the following five items:

1. The treaty country. Generally, this must be the same treaty under which you claimed exemption from tax as a nonresident alien.
2. The treaty article addressing the income.
3. The article number (or location) in the tax treaty that contains the saving clause and its exceptions.
4. The type and amount of income that qualifies for the exemption from tax.
5. Sufficient facts to justify the exemption from tax under the terms of the treaty article.