



# **FROSH SOPH TRACK MEET**



**April 12, 2016 • Tahlequah High School**

Please read this information carefully and email to confirm your entry.  
[millere@tahlequahschools.org](mailto:millere@tahlequahschools.org)

Tahlequah High School welcomes you to our First Annual Frosh/Soph Track Meet to be held at our eight lane all-weather track facility located east of the high school. The meet will be a timed finals event with schedule enclosed.

**Entry Deadline:** All entries are **DUE** by **MONDAY April 11, Noon**. No exceptions.

**Entry Procedure:** This is a Rosters **ONLY** meet.  
Entries are to be complete online using **ENDUROENTRIES.COM** .  
Phone or faxed entries will not be accepted.  
If you do not already have an account with **ENDUROENTRIES** you will need to visit the website ([www.enduroentries.com](http://www.enduroentries.com)) and select %Setup New Account+in the upper right hand corner.

*You **MUST** complete the following steps:*  
*(1) set up your account and a team for "Track",*  
*(2) add the desired meet to your on-line schedule;*  
*(3) enter the desired athletes in the desired meet*

**Entry Fee:** \$75 per team, per gender (\$75 for girls, \$75 for boys). Checks made out to Tahlequah Athletics and mail payment or bring check the day of the race. Mailing Address  
Tahlequah Athletics  
591 Pendleton  
Tahlequah, OK 74464

**Coaches Packet:** Upon arrival coaches will receive a packet with their printed rosters and competition numbers for each athlete. The athlete should have their competition number written on their right hand in permanent marker throughout the competition as they will need it to check in for events. *We will do our best to send out an email the day prior to the event with the competition numbers attached.*

**Check In:** Athletes in running events will need to check in at the white track building at the west end of the track at least 30min before their event. Athletes who have not checked in will not be added into the field for that event. Field event athletes will check in at their sites. Non-lane running events will check in at the starting line and will be recorded for finish order in the chute.

**Weigh In:** All implements will need to be weighed in prior to the competition. Weigh in will be in the white track building.

**Divisions:** There will be two divisions, Boys & Girls.

**Time:** Coaches Meeting @ 9:30 - Field Events @ 10:00 - Running Events @ 10:30.

**Team Points:** No team scores will be recorded.

**Awards:** Awarded to top five (5) places in all events.

**Limitations:** **Event is limited to first ten (10) schools who contact for entry code.** Each contestant will be limited to four events including relays. Each school will be limited to **FIVE entries in individual events** and **two entries in relay events.**

**Equipment:** Blocks will be provided. ¼ inch spikes or shorter required.

## **OSSAA Rules Apply**

There will be a coaches meal. The time for that break will be announced at the coaches meeting. Looking forward to hosting you and your athletes.

Elzy Miller

Track Coordinator

Cell . 918.931.2789

Email- [millere@tahlequahschools.org](mailto:millere@tahlequahschools.org)

Athletic Director - 918.458.4154



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## **ORDER OF EVENTS**

### **FIELD EVENTS-10:00 a.m.**

<b>High Jump</b>	<b>BOYS – GIRLS</b>
<b>Long Jump</b>	<b>GIRLS – BOYS</b>
<b>Shot</b>	<b>GIRLS – BOYS</b>
<b>Discus</b>	<b>BOYS – GIRLS</b>
<b>Pole Vault</b>	<b>GIRLS – BOYS</b>

### **TIMED FINALS-10:30 a.m.**

\*We will operate on a rolling schedule, times listed are approximate start times\*

<b>10:30</b>	<b>3200 Relay</b>	<b>GIRLS – BOYS</b>
<b>10:55</b>	<b>100 Hurdles</b>	<b>GIRLS</b>
<b>11:05</b>	<b>110 Hurdles</b>	<b>BOYS</b>
<b>11:15</b>	<b>100 m Dash</b>	<b>GIRLS – BOYS</b>
<b>11:35</b>	<b>800 m Relay</b>	<b>GIRLS-BOYS</b>
<b>11:45</b>	<b>3200 Run</b>	<b>GIRLS-BOYS</b>
<b>12:15</b>	<b>400 Relay</b>	<b>GIRLS – BOYS</b>
<b>45min Break (12:45) Coaches Lunch served at 1:00 in HS Cafeteria</b>		
<b>1:30</b>	<b>800 Run</b>	<b>GIRLS – BOYS</b>
<b>1:45</b>	<b>400 m Dash</b>	<b>GIRLS – BOYS</b>
<b>2:10</b>	<b>300 Hurdles</b>	<b>GIRLS – BOYS</b>
<b>2:25</b>	<b>200 m Dash</b>	<b>GIRLS – BOYS</b>
<b>2:50</b>	<b>1600 Run</b>	<b>GIRLS – BOYS</b>
<b>3:20</b>	<b>1600 Relay</b>	<b>GIRLS – BOYS</b>

- All athletes have been assigned a competitor number. Athletes shall write their competitor number on his or her right hand, which will be used during the event check-in process.
- Athletes in running events need to check in at the west end of the track 30 minutes prior to their event(s).
- Athletes in non-lane running events need to check in at the start line.
- Field event athletes will check in at the event site(s).
- Results will be posted within 15min of the final heat of an event, after all divisions have completed. Results will be posted behind the press box.

## Request for Taxpayer Identification Number and Certification

Give form to the requester. Do not send to the IRS.

Print or type  
 See Specific Instructions on page 2.

Name <b>County of Cherokee School Dist 35 Independent</b>	
Business name, if different from above <b>Tahlequah Public Schools</b>	
Check appropriate box: <input type="checkbox"/> Individual/Sole proprietor <input type="checkbox"/> Corporation <input type="checkbox"/> Partnership <input checked="" type="checkbox"/> Other ▶ <b>Education</b> <input type="checkbox"/> Exempt from backup withholding	
Address (number, street, and apt. or suite no.) <b>P O Box 517</b>	Requester's name and address (optional)
City, state, and ZIP code <b>Tahlequah OK 74465-0517</b>	
List account number(s) here (optional)	

### Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. For individuals, this is your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see How to get a TIN on page 3.

Social security number

or

Note: If the account is in more than one name, see the chart on page 4 for guidelines on whose number to enter.

Employer identification number
7 3 1 6 0 2   6 8 0 2

### Part II Certification

Under penalties of perjury, I certify that:

1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me), and
2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and
3. I am a U.S. person (including a U.S. resident alien).

**Certification instructions.** You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the Certification, but you must provide your correct TIN. (See the Instructions on page 4.)

Sign Here

Signature of U.S. person ▶

*Diane D. Adamson*

Date ▶ **03/07/12**

#### Purpose of Form

A person who is required to file an information return with the IRS, must obtain your correct taxpayer identification number (TIN) to report, for example, income paid to you, real estate transactions, mortgage interest you paid, acquisition or abandonment of secured property, cancellation of debt, or contributions you made to an IRA.

**U.S. person.** Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN to the person requesting it (the requester) and, when applicable, to:

1. Certify that the TIN you are giving is correct (or you are waiting for a number to be issued),
2. Certify that you are not subject to backup withholding,
- or
3. Claim exemption from backup withholding if you are a U.S. exempt payee.

Note: If a requester gives you a form other than Form W-9 to request your TIN, you must use the requester's form if it is substantially similar to this Form W-9.

**Foreign person.** If you are a foreign person, use the appropriate Form W-8 (see Pub. 515, Withholding of Tax on Nonresident Aliens and Foreign Entities).

#### Nonresident alien who becomes a resident alien.

Generally, only a nonresident alien individual may use the terms of a tax treaty to reduce or eliminate U.S. tax on certain types of income. However, most tax treaties contain a provision known as a "saving clause." Exceptions specified in the saving clause may permit an exemption from tax to continue for certain types of income even after the recipient has otherwise become a U.S. resident alien for tax purposes.

If you are a U.S. resident alien who is relying on an exception contained in the saving clause of a tax treaty to claim an exemption from U.S. tax on certain types of income, you must attach a statement that specifies the following five items:

1. The treaty country. Generally, this must be the same treaty under which you claimed exemption from tax as a nonresident alien.
2. The treaty article addressing the income.
3. The article number (or location) in the tax treaty that contains the saving clause and its exceptions.
4. The type and amount of income that qualifies for the exemption from tax.
5. Sufficient facts to justify the exemption from tax under the terms of the treaty article.