

28th Annual Kenny Roof Invitational Track Meet
HS Boys & Girls
Friday April 1, 2016

Open to schools 4A and below.

Coaches Meeting @9:45 a.m.

1. Field events starting at 10:00 a.m.
Preliminaries in running events start at 10:30 a.m.
2. A school may enter 3 in each event.
3. Association rules apply.
4. Points will be scored the same as the State Meet.
10-8-6-4-2-1
20-16-12-8-4-2 Relay Points
5. A trophy will be given to the Winner and Runner-up of each division. Medals will be given to the 1st, 2nd, and 3rd places in each event.
6. The entry Fee is \$90.00 per team.
\$20.00 per individual if 3 or less members.
7. Use short spikes only. Starting blocks will be provided.
8. WE WILL HAVE POLEVAULT AND THE TRACK WAS REPAIRED.
9. Should we have inclement weather ó we could run all events as finals. This will be determined at the coaches meeting.
10. We will be using FAT timing.
11. Breakfast, Lunch and hospitality room will be provided for coaches.
12. Please make checks payable to Thomas High School and mail to:

Matt Hart
Thomas High School
P.O. Box 190
Thomas, Ok 73669
Cell Phone: 580-302-0418
School Phone: 580- 661-3522
Email: mhart@thomas.k12.ok.us

28th Annual Kenny Roof Invitational Track Meet

ORDER OF EVENTS

Field Events

Start at 10:00 a.m.

Shot G-B

Discus B-G

Long Jump B-G

High Jump G-B

Pole Vault G-B

Order of Running Events

Preliminaries 10:30 a.m.

400 m Relay Girls ó Boys
3200 m Relay Girls ó Boys (Finals)
100 m Hurdles (33ö) Girls
110 m Hurdles (39ö) Boys
100 m Dash Girls- Boys
3200 m Run Boys (Finals)
800 m Relay Girls Boys (Finals)
3200 m Run Girls (Finals)
200 m Dash Girls Boys

Break

Finals

400 m Relay Girls ó Boys
800 m Run Girls ó Boys
100 m Hurdles (33ö) Girls
110 m Hurdles (39ö) Boys
100 m Dash Girls ó Boys
400 m Dash Girls ó Boys
300 m Hurdles Girls (30ö) ó Boys(36ö)
200 m Dash Girls ó Boys
1600 m Run Girls ó Boys
1600 m Relay Girls ó Boys