

Tishomingo Junior High School Home of the Indians



Tishomingo High School

is proud to invite you to the
“Tishomingo Junior Indian Relays”
Thursday, March 31, 2016

This meet has been approved and sanctioned by the OSSAA.

Coaches meeting begins at 9:30 am

Field events will start at 10:00 am

Running events will start at 10:30 am

**We have an all-weather track
(poly-urethane track).
1/4” spike or shorter will be used.**

- ❖ There will be six (6) divisions:
 - 6th grade girls – 7th grade girls – 8th grade girls
 - 6th grade boys – 7th grade boys – 8th grade boys
- ❖ AGE LIMIT – You may enter the student in the grade he or she is in school, if he or she has not failed more than one year. If they have failed more than one year, enter the grade they should be in.
- ❖ ENTRY FEE - \$60.00 per team.
- ❖ MEDALS will be given to the first five (5) places in each of the events. No Team Trophies will be given.
- ❖ There will be No Team Points Kept.
- ❖ Each school will be limited to three (3) entries in each event and one (1) relay per school.
- ❖ Individual entry fee is \$15.00 (if you do not have a team – a team consists of at least four (4) individuals.)
- ❖ An individual may not enter more than four (4) events.

IN CASE OF INCLEMENT WEATHER: CALL 1-580-371-2322 – EXT 110

Coach Houser (cell) 580-371-5456

Coach Wood (cell) 580-371-5164

Entry fees should be mailed to:

Boyd Houser, Athletic Director
Tishomingo High School
1300 East Main
Tishomingo, OK 73460



Tishomingo Little Indians Relays

Running Events Schedule

400 Meter Relay	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys
3200 Meter Relay	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys
100 Meter Hurdles	6 th , 7 th , 8 th Girls
110 Meter Hurdles	6 th , 7 th , 8 th Boys
800 Meter Relay	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys
800 Meter Run	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys
100 Meter Dash	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys
400 Meter Dash	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys
300 Meter Hurdles	7 th , 8 th Girls 7 th , 8 th Boys
200 Meter Dash	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys
1600 Meter Run	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys
1600 Meter Relay	6 th , 7 th , 8 th Girls 6 th , 7 th , 8 th Boys



Field Events Schedule

Shot Put	7 th Boys, 6 th Girls, 8 th Girls 7 th Girls, 6 th Boys, 8 th Boys
Discus	7 th Girls, 6 th Boys, 8 th Boys 7 th Boys, 6 th Girls, 8 th Girls
High Jump	8 th Girls, 7 th Boys, 6 th Girls 8 th Boys, 7 th Girls, 6 th Boys
Long Jump	8 th Boys, 7 th Girls, 6 th Boys 8 th Girls, 7 th Boys, 6 th Girls
Pole Vault	7 th Girls, 8 th Girls 8 th Boys, 7 th Boys