

# BOOKER T. WASHINGTON JR. HIGH TRACK CLASSIC

## 7<sup>TH</sup>-8<sup>TH</sup> -9<sup>TH</sup> BOYS AND GIRLS



Thursday March 31, 2016



**~~~Coaches that attend the Booker T. Washington meet (1) MUST notify the host of their intent to compete at least 3 days prior to the meet and, (2) each team that attends the meet MUST have all athletes registered entered on TRACKROSTER.COM at least 3 days prior to competition.**

On behalf of the Tulsa Public School System, we extend to you and your teams a sincere invitation to participate in our Junior High School Boys and Girls Track and Field Meet. We have a brand new track surface. The following will give you the information you need for this meet.

**ENTRY FEE:** \$85.00 for each boys and girls team. \$15.00 per individual if less than four (4) members on a team. NO REFUNDS. Make checks payable to Booker T. Washington High School Track. Mailing address: ATTN: Greg Nash Booker T Washington High School 1514 E Zion St Tulsa, OK 74106

**TIME:** All teams report Booker T. Washington Field House by 9:30 a.m. for coaches meeting. Field events will begin at 10:00 a.m. Running events will begin at 10:30 a.m.

**DIVISIONS:** There will be six (6) divisions 7<sup>th</sup> boys and girls, 8<sup>th</sup> boys and girls, and 9<sup>th</sup> boys and girls.

**LIMITATIONS:** Each contestant is limited to four (4) events, including relays and field events. Each school is limited to three (3) entrants in each events and one (1) team in each relay. Three (3) throws will be in the shot, discus, and three (3) jumps in the long jump.

**MEDALS:** Awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in all events. Trophies for 1<sup>st</sup> and 2<sup>nd</sup> in each division.

**TEAM POINTS:** Awarded to 1<sup>st</sup> thru 6<sup>th</sup> places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

**EQUIPMENT:** Booker T. Washington will furnish all starting blocks to contestants 1/4" or shorter spikes are required.

**OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY**

We hope that you and your teams can be with us for this track meet.

Greg Nash Head Boys and Girls Track and Field Coach

Email: [nashgr@tulaschools.org](mailto:nashgr@tulaschools.org) School: (918) 925-1068 Cell: (918) 638-1525

**BOOKER T. WASHINGTON JR HIGH TRACK CLASSIC**  
**7<sup>TH</sup>, 8<sup>TH</sup>, & 9<sup>TH</sup>**  
**BOYS AND GIRLS**

**FIELD EVENTS**

**10:00**

<b>High Jump</b>	<b>7B-8B-9B-7G-8G-9G</b>
<b>Long Jump</b>	<b>7G-8G-9G-7B-8B-9B</b>
<b>Shot</b>	<b>7G-8G-9G-7B-8B-9B</b>
<b>Discus</b>	<b>7B-8B-9B-7G-8G-9G</b>
<b>Pole Vault</b>	<b>9B-8B-7B-9G-8G-7G</b>

**TIME FINALS**

**10:30**

<b>3200 relay</b>	<b>Girls-Boys</b>
<b>100 hurdles</b>	<b>Girls</b>
<b>110 hurdles</b>	<b>Boys</b>
<b>400 relay</b>	<b>Girls-Boys</b>
<b>800 run</b>	<b>Girls-Boys</b>
<b>100 dash</b>	<b>Girls-Boys</b>
<b>400 dash</b>	<b>Girls-Boys</b>
<b>800 relay</b>	<b>Girls</b>
<b>1600 run</b>	<b>Girls</b>
<b>300 hurdles</b>	<b>Girls</b>
<b>300 hurdles</b>	<b>Boys</b>
<b>1600 run</b>	<b>Boys</b>
<b>1600 relay</b>	<b>Girls-Boys</b>

**Coaches Meeting will begin at 9:30 a.m.**