

**Weatherford High School
28th Annual
Boys and Girls Invitational Track Meet
Tuesday, April 26, 2016**

Coaches:

Weatherford High School would like to extend an invitation to your school to enter the 28th annual Weatherford High School Boys and Girls Invitational on Tuesday, April 26th, 2016 in Weatherford, Oklahoma .

All Association rules will apply. Each school will be permitted to enter three contestants per event.

Team trophies will be awarded for first and second place teams and medals will be given for the 1st-5th for individual events and in the relay divisions in which only the first three places will be awarded. Scoring will be 10-8-6-4-2-1 and double relays.

The meet is sanctioned by the O.S.S.A.A. Field events will begin at 1:45 p.m. Tuesday afternoon. The meet will be an "ALL FINALS" in the running events starting at 2:30 pm. A coaches' meeting will be at 1:30 at the field house next to the track.

An entry fee of \$190.00 for both teams (\$120.00 for one team) should accompany entries.

Contestants will draw for assignments and will be heated according to times the day of the meet. Shot and discus will be thrown from concrete slabs. All participants will be allowed to wear spikes not exceeding 1/4 in length. The NO FALSE start will apply. Starting blocks will be furnished by Weatherford High School.

We hope you can participate in our upcoming meet.

*Note: we have a new surface and boys and girls 100's and 100h/110 hurdles will be ran at the same time

Sincerely,

Dennis Seifried
Meet Director

Send inquiries to: Dennis Seifried
Weatherford High School
1500 N. Washington
Weatherford, OK 73096

Kaleb Fischer
Weatherford High School
1500 N. Washington
Weatherford, OK 73096

School : 580-772-3385
Home: 580-772-7554
Cell: 580-774-8911

**Weatherford High School Boys and Girls Invitational
Track and Field Meet**

**Tuesday, April 26, 2016
Order of Events
1:45 p.m.**

Field of Events

Contestants will have 3 attempts to qualify for the finals(subject to change by games' committee the day of the meet). Top 7 will advance to the finals.

Shot Put.....Boys, Girls
Discus..... Girls, Boys
Long Jump.....Girls, Boys
High Jump.....Boys, Girls
Pole Vault.....Boys, Girls
Running 2:30 p.m.

Timed Finals Meet

400 Meter Relay	Girls	Boys
3200 Meter Relay	Girls	Boys
100 Meter Hurdles	33"	Girls
110 Meter Hurdles	39"	Boys
800 Meter Relay	Girls	Boys
800 Meter Run	Girls	Boys
100 Meter Dash	Girls	Boys

Proposed Break

3200 Meter Run	Girls	Boys
400 Meter Dash	Girls	Boys
300 Meter Hurdles	30"	Girls
300 Meter Hurdles	36"	Boys
200 Meter Dash	Girls	Boys
1600 Meter Run	Girls	Boys
1600 Meter Relay	Girls	Boys

**WEATHERFORD HIGH SCHOOL
Boys and Girls Invitational Track Meet**

Tuesday, April 26, 2016

Entry Fee: Both Teams - \$190.00
 One Team - \$120.00
 Individual - \$10.00

School_____

Coaches_____

We will attend_____ We will not attend_____

Varsity Girls_____ Varsity Boys_____

Thank you,

Dennis Seifried
Meet Director

ATTENTION COACHES: The On-line Entry **DEADLINE** for our meet is **April 22@ 5pm.** (((The meet will be CLOSED at 5pm!))) No late entries accepted. - - - Schools planning to attend this meet must submit their entries on the "ENDURO Entries" website by completing ALL FIVE (5) On-line Steps. If your team/school does not complete ALL FIVE (5) On-line Entry Steps, your school/team can **NOT** be entered manually by our timing crew at the meet. - - - **NO exceptions allowed this year.** - - - Please log into your ENDURO Entries (TrackRoster) account at: www.enduroentries.com

Send inquiries to:

Dennis Seifried
Weatherford High School
1500 N. Washington
Weatherford, OK 73096

Kaleb Fischer
Weatherford Middle School
509 N Custer
Weatherford, OK 73096