

**OKLAHOMA TRACK COACHES  
WINTER CLINIC**

**Sooner Legends Inn & Suites**

**Norman, Oklahoma**

**January 15-16, 2016**

Pre-Registration - \$35.00 (\$40.00 after January 8)

Outstanding Lectures: Friday night and Saturday morning

Rules & Business Meetings: Saturday Afternoon

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Hotel Reservations should be made directly to:

**Sooner Legends Inn & Suites**

**1200 SW 24<sup>th</sup> Ave. SW (I-35 & Lindsey St)**

**Norman, Oklahoma 73072**

**405-701-8100 or 1-866-715-3111**

(Mention O.T.C.A. clinic for clinic rate)

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NAME \_\_\_\_\_ SCHOOL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Make checks payable to: **O.T.C.A. TRACK CLINIC**

Mail registration and fee to: Randy Belicek  
730 Williams Street  
Purcell, OK 73080  
School Phone (405) 527-4400

**Pre-registration ends January 8, 2016.**

Clinic t-shirts, hats, and notebooks for the first 100 registrants.

## O.T.C.A. WINTER TRACK CLINIC

Sooner Legends Inn & Suites

Norman, Oklahoma

Friday, January 15

4:30 - 7:00 p.m.	<i>Registration</i>		
5:30 - 6:15 p.m.	(1) Jim VanHootegem (2) Ford Mastin	O.U. O.B.U.	<i>Multi Events part 1 Hurdles</i>
6:30 - 7:15 p.m.	(1) Jim VanHootegem (2) Ford Mastin	O.U. O.B.U.	<i>Multi Events part 2 800/4x800</i>
7:30 - 8:15 p.m.	(1) Ronnye Harrison (2) Charles Wyatt	O.U. Official	<i>Sprints/Acceleration Certification</i>
8:25 - 8:55 p.m.	(1) Hall of Fame Presentation Mike Mobra, Catoosa High School		

## Saturday, January 16

8:00 - 10:00 a.m.	<i>Registration</i>		
9:00 - 9:45 a.m.	(1) Scott Stevenson (2) Rob Lasorsa	Bishop McGuinness MF Ath.	<i>4x100, 4x200 Power Development</i>
10:00 - 10:45 a.m.	(1) Dan Dotson (2) Jim Coleman	Sports Medicine Chisholm	<i>Injuries CC / Distance</i>
11:00 - 11:45 a.m.	(1) Tom Arrington (2) Ron Love	Kingfisher "Retired"	<i>Shot/Disc Drills Pole Vault</i>
11:45 - 1:30 p.m.	<b>LUNCH BREAK</b>		
1:30 - 2:30 p.m.	(1) Randy Belicek	OSSAA	<i>Rules Meeting</i>
2:30 - 3:00 p.m.	(1) Dennis Seifried	O.T.C.A.	<i>Business Meeting</i>