



## Wyandotte Jr. High School Track Meet

Monday April 18<sup>th</sup>, 2016

(6/7)&(8/9) Combined Jr. High Track Meet

**Dear Fellow Track Coaches:**

On behalf of Wyandotte Public Schools, we would like to invite you to compete in our 6<sup>TH</sup>-7<sup>TH</sup> grade combined and 8<sup>th</sup>-9<sup>th</sup> grade combined Girls and Boys track meet. **FOUR DIVISIONS**

**Date:** Monday April 18<sup>th</sup>, 2016 (Weather make day Wednesday April 20<sup>th</sup>, 2016)

**Time:** Coaches meeting **9:00**, football field house

**Field Events:** 9:15 first call

**Running Events:** 9:30 first call

**Entry Fee:** **\$55.00** for each girls and boys team. (110. for both) Teams with less than four members, \$10.00 per individual. Please make checks payable to Wyandotte Public Schools.

**Limits:** One relay per team, only 4 events per contestant. Only three entrants per school per event. Timed Finals. 3 attempts per field event. **No pole vault.**

Please no team camps near the discus, shot put ring, or long jump pit. There is plenty of room under the stands. No warm-up throws without a coach present for discus and shot. No boom boxes. **NO SHOT PUTS on the FOOTBALL FIELD!**

The track is a asphalt surface, it is highly recommended that you **DO NOT** wear spikes, running shoes would be best.

**Inclement weather:** Call 918-678-2222

Steve Buckingham -High School Principal 918-678-2222 ext. 229

Lynn Cutshaw, Head Track Coach 918-207-5870

JK Wayne, AD 918-678-2222 ext. 246



## Order of events

400 meter relay

3200 meter relay

100 meter hurdles

800 meter relay

800 meter run

100 meter dash

400 meter dash

300 meter hurdles (8<sup>th</sup>-9<sup>th</sup> only)

200 meter dash

1600 meter run (may run this first if track has dew that hasn't burned off by start time)

1600 meter relay

### Field events-NO pole vault

High jump boys, girls,

\*Long jump girls, boys

\*Shot put girls, boys,

\*Discus boys, girls

\*There may be qualifying jumps and throws