

# CHISHOLM TRAIL INVITATIONAL

FRIDAY, APRIL 1, 2016 AT YUKON MIDDLE SCHOOL

FOUR DIVISIONS—7th grade girls, 7th grade boys, 8th grade girls, 8th grade boys

COACHES' MEETING—9:30

FIELD EVENTS—10:00

RUNNING EVENTS—10:30

**Schools planning to attend this meet must submit their entries on TrackRoster.com by completing Steps 1 – 5. Entry deadline for this meet is 5:00pm Thursday, March 31<sup>th</sup>. This is a Roster Only meet.**

SCORING—10-8-6-4-2-1 / 20-16-12-8-4-2

AWARDS— Individual: 1-5 medal / Relays: 1-3 / Team: Champion in each division

LIMITATIONS—Athletes are limited to four events total. Teams are limited to three participants per event. Teams are also limited to one relay team per relay race.

FIELD EVENTS—Each athlete will be given three throws/jumps in the prelims.

The top seven performers will advance to the finals and be given three additional attempts.

CONCESSIONS / ADMISSION—Concession stand will be open. Admission will be charged for spectators.

PARKING— The middle school is on Garth Brooks Blvd. Bus parking will be available on the east side of the football stadium. You may enter from Yukon Ave. which is on the north side of the campus. Then turn right into the parking lot just after the auditorium.

NOTE—The boys' 110m Hurdles and girls' 100m Dash will run simultaneously.

The girls' 100m Hurdles and boys' 100m Dash will run simultaneously.

ENTRY FEE—7th girls--\$65 7th boys--\$65 8th girls--\$65 8th boys--\$65

Checks Payable to: Yukon Athletics

c/o Liz Nave

1777 S. Yukon Pkwy

Yukon, OK 73099

We hope you can join us this year. Please e-mail Coach Zimmerman (rod.zimmerman@yukonps.com) if you plan to attend. Include what divisions you wish to enter.

# CHISHOLM TRAIL INVITATIONAL

FRIDAY, APRIL 1, 2016

- Coaches Meeting 9:30
- Field Events 10:00 (3 throws/jumps prelims—7 to finals)
- Running Events 10:30 (all timed finals)

400m Relay 7G-7B-8G-8B

3200m Relay 7G-7B-8G-8B

110m Hurdles 7B-8B (West Side)

100m Dash 7G-8G (East Side)

100m Hurdles 7G-8G (West Side)

100m Dash 7B-8B (East Side)

800m Relay 7G-7B-8G-8B

800m Run 7G-7B-8G-8B

400m Dash 7G-7B-8G-8B

300m Hurdles 7G-7B-8G-8B

200m Dash 7G-7B-8G-8B

1600m Run 7G-7B-8G-8B

1600m Relay 7G-7B-8G-8B

-----

Shot Put EAST RING: 8B-7B / WEST RING: 8G-7G

Discus EAST CAGE: 7B-8B / WEST CAGE: 7G-8G

High Jump 8G-7B-7G-8B

Long Jump 7G-8B-8G-7B

Pole Vault 7B-8B-7G-8G