

# Ada High School Dorsey Reirdon Relays

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**Saturday April 1st, 2016**

On behalf of the Ada Public Schools system we would like to invite you and your team to the 2017 Dorsey Reirdon Relays on Saturday, April 1. The meet will be held on our recently remodeled facility. There will be one division for varsity boys and one for varsity girls. **This will be a Class 5A and below meet as established by the OSSAA track classifications.**

If you plan to attend, please email or call Coach Mart Leming at [lemingm@adapss.com](mailto:lemingm@adapss.com) , 580-310-7220 or Coach Drake Daniels at [danielsd@adapss.com](mailto:danielsd@adapss.com), 580-310-7220

**ENTRY PROCESS:** Schools planning to attend this meet must submit their entries on [endurousa.com](http://endurousa.com) by completing steps 1-2 for "Roster Entries" meets. The entry deadline for this meet is Friday March 31st, 2017 by 5:00pm. This is a ROSTER ENTRIES ONLY meet. Log into your account at [endurousa.com](http://endurousa.com) NO LATE ENTRIES\*\*\* Schools which have not entered on-line will not be added at the meet. If you have any questions about your ENDURO USA account, please email your questions to [kevin@runenduro.com](mailto:kevin@runenduro.com).

Cost is \$90.00 per team, \$ 170 both boys and girls, \$15.00 per individual if 5 or less team members. Make checks payable to Ada City Schools, Attention TRACK, P.O. Box 1359, Ada, Ok 74821

Coaches Meeting – 9:30 a.m.

Field Events – 10:00 a.m.

Running Events – 10:30 a.m.

Awards: Medals through top 5 placers including relays, Team points will be kept by Enduro, but no team Awards. Results will be posted on Enduro and ohstrack

Medals can be picked up at the press box following the 1,600 relay

Participation: 3 contestants per event and 1 relay team per school.

Participants must  $\frac{1}{4}$  inch Spikes or less

Facilities: Concession and restrooms Available

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## **Order of Events – Timed Finals**

400 meter relay – girls – boys

3200 meter relay – girls – boys

100 meter hurdles – girls

110 meter hurdles – boys

3200 meter run – girls – boys

800 meter relay – girls - boys

## **Proposed Lunch Break**

800 meter run – girls – boys

100 meter dash – girls – boys

400 meter dash – girls – boys

300 meter hurdles – girls – boys

200 meter dash – girls – boys

1600 meter run – girls – boys

1600 meter relay – girls – boys

## **Field Events**

Shot – Girls – Boys

Disc – Boys – Girls

HJ – Girls – Boys

LJ – Boys – Girls

PV – Girls – Boys