



Altus Junior High  
Athletic Department  
Ridgecrest and S. Park Lane  
Altus, Oklahoma 73521  
(580) 481-2648

Dear Girls and Boys Track Coach:

On Tuesday, April 4, 2017 Altus Junior High School will be hosting the Altus Junior High Invitational Track and Field Meet. There will be four (4) Divisions: 8<sup>th</sup> Grade Boys & 8<sup>th</sup> Grade Girls, 7<sup>th</sup> Grade Boys & 7<sup>th</sup> Grade Girls We will preheat meet on Friday, March 31 , 2017 after 12:00 P.M. **All entries received after that time will be automatically placed in the last heats.**

**Please have your entry form in by March 31<sup>st</sup> . Entry form are attached to this letter.**

Trophies will be awarded to the Champion and Runner-up in each Division. National Federation Rules for Track and Field will be used. Three student /athletes in one event. Medals will be given to the top three places in each division. A meal will be provided for all coaches during the break.

*Please plan on attending our meet. I promise a good meet and a fun time for all!!!!!!*

Entry Fee \$ 80.00 Boys  
\$ 80.00 Girls  
\$150 for Both  
\$10.00 for Individual

Mail to: Altus High School  
400 N. Park Avenue  
Altus, Okla. 73521  
Attn: Athletic Dept.

If you have any question, please feel free to call Robert Garrison at School, (580) 481-2173 or home (580) 481-0327 or email at [rgarrison@altusps.com](mailto:rgarrison@altusps.com): or email Brandi Manning at [bmanning@altusps.com](mailto:bmanning@altusps.com), Matt Terry at [mterry@altusps.com](mailto:mterry@altusps.com) or contact Athletic Director Todd Ware at (580)-481-2647 or [tware@altusps.com](mailto:tware@altusps.com).

**Sincerely, Robert Garrison, Matt Terry and Brandi Manning, Altus Track Coaches**

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School \_\_\_\_\_

Will Attend \_\_\_\_\_ Will not attend \_\_\_\_\_

Boys Division \_\_\_\_\_ Girls Division \_\_\_\_\_

Name of Head Coach \_\_\_\_\_ Number of Asst. Coaches \_\_\_\_\_

Phone Number to call if inclement Weather: \_\_\_\_\_



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### Altus Junior High Invitational Track Meet - Schedule of Events Tuesday, April 4<sup>th</sup> , 2017

**Coaches Meeting: 2:00 pm**

**Field Events: 2:15 pm.**

High Jump	7th Boys, 8th Boys, 7th Girls, 8th Girls
Long Jump	7th Girls, 8th Girls, 7th Boys, 8th Boys
Pole Vault	7 <sup>th</sup> & 8 <sup>th</sup> Girls, 7 <sup>th</sup> & 8 <sup>th</sup> Boys (Point Separate)
Shot Put	8th Boys, 7th Boys, 8th Girls, 7th Girls
Discus	8th Girls, 7th Girls, 8th Boys, 7th Boys

**Finals: 2:30 pm**

**(7G,8G,7B,8B unless otherwise noted)**

400 Meter Relay	
3200 Meter Relay	
100 Meter Hurdles	(Girls)
110 Meter Hurdles	(Boys)
100 Meter Dash	
800 Meter Run	(Girls-Boys)
800 Meter Relay	
300 Meter Hurdles	(Girls-Boys)
400 Meter Dash	
200 Meter Dash	(Girls - Boys)
1600 Meter Run	(Girls - Boys)
1600 Meter Relay	(Girls . Boys)

\*\*If meet is running ahead of schedule we will run a 3200 for the 8<sup>th</sup> grade division. Boys and Girls combined, between the 800 Meter Relay and 300 Hurdles.\*\*

**Entry Form -- DUE ON FRIDAY, March 31<sup>st</sup> @ NOON**

**PLEASE SEND TO: [rgarrison@altusps.com](mailto:rgarrison@altusps.com), or fax to Robert Garrison at (580) 481-2547**

School Name \_\_\_\_\_

Division (8<sup>th</sup> or 7<sup>th</sup> or both) \_\_\_\_\_

Gender = Boys \_\_\_\_\_ Girls \_\_\_\_\_ (Check and fill out different forms for different genders)

Coach's Name and phone number \_\_\_\_\_

**\*Be sure to mark 7<sup>th</sup> or 8<sup>th</sup>. Please send times. \*\* Below this form there are 2 extra forms for more athletes. Any runners not sent in, can be placed in open lanes during the coaches meeting, if lanes are open. \*\*\*Note the 1600 and 3200 meter run maybe heated at start finish line.\*\*\***

Name	100	200	400	800	1600	3200	110H 100h	300IH 300lh

Relays: 4 x 100 (time) \_\_\_\_\_ 4 x 200 (girls only) \_\_\_\_\_  
 4 x 400 (time)\_By Team Points \_\_\_\_\_ 4 x 800 (time) \_\_\_\_\_



