

# Bishop McGuinness Catholic High School

## Clancy Classic

Thursday, March 9, 2017

The Bishop McGuinness Track program would like to invite your school to participate in our track meet. We have an all weather green surface on our 6-lane track. The track is located at the school, 50<sup>th</sup> and Western, Oklahoma City. This will be a timed finals meet.

All team entries must be completed on-line: [www.enduroentries.com](http://www.enduroentries.com) (TrackRoster). Coaches must complete Steps #2 - #5 to complete their team's on-line entries. You must add the Bishop McGuinness Clancy Classic to your on-line schedule, and enter your athletes in the meet. (Steps 2-5) (No exceptions). There will be no entries on day of meet.

ATTENTION COACHES: ***There will be a limit of 12 teams for this meet.*** Contact Scott Stevenson at [sstevenson@bmchs.org](mailto:sstevenson@bmchs.org) to receive confirmed entry, entry code will be emailed when available. Deadline for entries is Tuesday, March 8, 2016.

**Entry Fee: \$100.00 for each boys and girls team.**

**B Team Entry Fee: \$50.00 for each boys and girls team. Must enter B Teams as separate rosters. B teams can medal and team point will be kept. You cannot compete as A Team in some events, and B Team in other events.**

For time purposes, there will be no B Team participants in the 100, 200, and 400. Your B teams will be able to participate in all Field Events (maximum of three athletes), 100/110 hurdles, 300m hurdles, 800, 1600, and 3200 runs (maximum of three athletes). You may however, run two B team relays in the 4x100, 4x200, and 4x400. I am all about hosting a meet where all of your athletes can have a chance to compete, but I also want to run a timely meet and be done at a decent time. Please also note, that in the long jump, and the throws, we will be doing 3 throws/jumps and then advancing top 7 to finals.

**Time: 3:30pm Coaches Meeting      3:45pm Field Events      4:00pm Running events**

***Divisions: There will be two divisions: Boys and Girls***

**Limitations: Each contestant is limited to four events including relays.**

Each school is limited to three entrants in individual events and one relay team in each relay race.

**Medals: Awarded to the top five individual places, and the top three relay**

**teams. Trophies: Awarded to the 1<sup>st</sup> place team in each division**

**Team Points: Awarded 1<sup>st</sup> through 6<sup>th</sup> places (10,8,6,4,2,1) in individual races and in relays (20,16,12,8,4,2).**

**Equipment: We will provide all starting blocks. 1/4” or shorter spikes are required.**

**OSSAA RULES WILL APPLY: Including uniform and jewelry rules**

**Scott Stevenson Phone: (405) 255-5723**

**E-mail: [sstevenson@bmchs.org](mailto:sstevenson@bmchs.org), [jhamilton@bmchs.org](mailto:jhamilton@bmchs.org)**

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**RUNNING EVENTS—4:00pm START TIME**

4 X 100 RELAY            GIRLS, BOYS

4 X 800 RELAY           GIRLS, BOYS

100 INTER. HURDLES   GIRLS

110 HIGH HURDLES     BOYS

3200 RUN                BOYS

4 X 200 RELAY           GIRLS, BOYS

800 RUN                 GIRLS, BOYS

3200 RUN                GIRLS

100 DASH                GIRLS, BOYS

400 DASH                GIRLS, BOYS

300 LOW HURDLES     GIRLS

300 INTER. HURDLES   BOYS

200 DASH                GIRLS, BOYS

1600 RUN                GIRLS, BOYS

4 X 400 RELAY           GIRLS, BOYS

**FIELD EVENTS—3:45 START TIME**

**3 Throws in Shot/Discus, Top 7 to Finals. 3 Jumps in Long Jump, Top 7 to Finals  
Starting heights for High Jump, Pole Vault will be determined at coaches meeting.**

SHOT PUT                BOYS            GIRLS

DISCUS                    GIRLS           BOYS

LONG JUMP                BOYS            GIRLS

HIGH JUMP                GIRLS           BOYS

POLE VAULT              TOGETHER