Broken Arrow Tiger Track Classic

FRIDAY MARCH 24th

On behalf of the Broken Arrow Public School System, we invite your team to participate in our High School Girls and Boys Track and Field Meet.

ENTRY FEE:

\$90.00 for each boys and girls team \$70.00 for any "B" teams

\$12.00 per individual if less than four (4) members on a team

NO REFUNDS. Make checks payable and mailed to Broken Arrow High School 2200 N. 23rd Street, Bro Arrow. OK 74012

Schools planning to attend this meet must submit their entries on www.runendurousa.com by Wednesday March 22nd 5:00pm

LOCATION: Broken Arrow Freshman Academy; 301 W. New Orleans; Broken Arrow 74013

TIME: Coaches meeting will be at 3:30pm

FIELD EVENTS begin at 4:00 pm (3 preliminary throws and jumps, 8 people make it to the finals for 3 more jumps and throws

RUNNING EVENTS begin at 4:00

LIMITATIONS: Each team is permitted 3 competitors per event and 1 relay per event. Each athlete is limited to four events including relays.

DIVISIONS: 2 divisions: Boys & Girls

MEDALS: Awarded to 1st, 2nd and 3rd place

TROPHIES: Awarded to 1st and 2nd place Teams

TEAM POINTS: Awarded to 1st thru 6th place places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2)

EQUIPMENT: Broken Arrow will furnish all starting blocks. Spikes are to be 1/4" or shorter. **OSSAA** rules apply

QUESTIONS:

Head Boys/Girls Coach Mike Stanton mstanton@baschools.org

BA Tiger Track Classic

COACH MEETING located in the barn @ the south end of track) 3:30pm

FIELD EVENTS:

4:00pm

HIGH JUMP	BOYS / GIRLS
LONG JUMP	GIRLS / BOYS
SHOT	BOYS / GIRLS
DISCUS	GIRLS / BOYS
POLE VAULT	BOYS / GIRLS

RUNNING EVENTS: 4:00pm

400 Relay	GIRLS / BOYS	final
3200 Relay	GIRLS / BOYS	final
100 Dash	GIRLS / BOYS	final
100 Hurdles	GIRLS (33+)	final
110 Hurdles	BOYS (39+)	final
3200 run	BOYS	final
800 Relay	GIRLS/BOYS	final
3200 run	GIRLS	final
800 Run	GIRLS / BOYS	final
400 Dash	GIRLS / BOYS	final
300 Hurdles	GIRLS (30+)	final
300 Hurdles	BOYS (36+)	final
200 Dash	GIRLS / BOYS	final
1600 Run	GIRLS / BOYS	final
1600 Relay	GIRLS / BOYS	final