

Caddo County Track Meet

Coaches,

We would like to invite you to the Caddo County Junior High/High School Track and Field Meet. The meet will be Tuesday, April 4, with The coaches meeting beginning at 9:00 followed by the field events At 9:30 and the running events at 10:30 **(We will send out invitation To fill this meet)**

Hospitality will be provided for all of your coaches

ENTRY FEES: \$75.00 per division, \$300 for all four. \$15 for individuals

DIVISION: Jr. High/High School Girls Jr. High/High School Boys

TROPHIES: One team trophy will be given in each division.

MEDALS: Medals will be given to the top five places in each event.

(ONLY TOP 3 PLACES IN EACH RELAY)

POINTS: INDIVIDUALS Scoring 10-8-6-4-2-1 Relay Scoring 20-16-12-8-4-2

Starting Blocks will be furnished. Spikes should be $\frac{1}{4}$ length

FIELD EVENTS: 3 Throws/Jumps

EVENTS: Athletic limited to 4 events including relays. Each school will be permitted to enter three (3) athletes/event, and one team in relay.

HEATING ASSIGNMENTS: Athletes will be heated according to times. Each athletic will draw for lane assignments.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES WILL APPLY

FIELD EVENTS 9:30

High Jump: JHB, HSB, JHG, HSG

Long Jump: HSG, JHG, HSB, JHB

Shot Put: HSB, JHB, HSG, JHG

Discus: HSG, JHG, HSB, JHB

Pole Vault: (Girls together) (Boys together)

RUNNING EVENTS 10:30

400 Relay-girls/boys JHG-HSG-JHB-HSB

3200 Relay-girls/boys

100 Hurdles girls

110 Hurdles boys

3200 Run-girls/boys

100 Dash-girls/boys

400 Dash-girls/boys

300 Hurdles-girls/boys

200 Dash-girls/boys

1600 Run-girls/boys

1600 relay-girls/boys

*****Thrower relay will be held if there is time between the 200 and 1600 run.*****

The "No False Start" Rule will apply

ADDITIONAL INFORMATION: All Camps will set up outside the roped off area surrounding the track. Teams will be provided with trash bags to ensure cleanliness in the camping area and track facility. Concessions will be available. Dressing facilities are not provided. Restrooms will be open between the indoor Baseball and Softball field. Warm Up area will be allowed in the infield of the track.

ENTRÉE FEE: \$ 75.00 PER TEAM	ANADARKO HIGH SCHOOL
\$300.00 ALL FOUR DIVISIONS	1400 WARRIOR DRIVE
\$ 15.00 PER INDIVIDUAL	ANADARKO OK. 73005

ATHLETIC DIRECTOR 405 933 2245	404 247-2486	KENT JACKSON
405 247-2496		MIKE WILLIAMS
405 933-1034		KEITH SHAULL
405 545-0677		CRAIG PRUITT

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CALL.

MIKE WILLIAMS	(405) 247-2496	EAST GRADE
	(405) 933-3375	(CELL) COACH WILLIAMS
	(405) 247-5633	HOME

MAKE SURE TO CALL OR TEXT OR EMAIL THAT YOU ARE

"COMING"

THANKS: ANADARKO COACHES