



Mashburn-Vaughn 7th & 8th Grade Track Meet

Dear Coach:

You are invited to the **Mashburn-Vaughn Track and Field Meet at Speegle Stadium, Capitol Hill High School, Oklahoma City.** The meet will be **Saturday, April 1st**. The coaches meeting will begin at 9:00 a.m., the field events at 9:30 and the running events at 10:00. We have an 8 lane all weather surface and ask that your athletes wear ¼ inch spikes.

Divisions: 7th girls, 7th boys, 8th girls, 8th boys

ATTENTION COACHES: School planning to attend this meet must submit their entries on RunEndurouosa by completing Steps 1-5. The entry deadline for this meet is Thursday, March 30th, by 5:00pm. This is a Roster Only meet. Log into your Runedurouosa account: www.runendurouosa.com

Entry Fee: \$70 per division, \$280 for all four and \$15 for individuals (4 or less). Please make checks payable to Capitol Hill High School. You can mail checks to: Attn. Robert Barger, Capitol Hill High School, 500 SW 36th St. Oklahoma City, OK 73109 or bring the check with you to the meet.

Field Events at 9:30 a.m.

Long jump-7B, 8B, 7G, 8G
High jump- 7G, 8G, 7B, 8B
Shot- 7G, 8G, 7B, 8B
Discus- 7B, 8B, 7G, 8B
Pole Vault-Girls, Boys

Running events at 10:00

400m relay- G/B
3200m relay- G/B
100m hurdles- Girls
110m hurdles- Boys
800m run- G/B
100m dash- G/B
400m dash- G/B
300m hurdles- G/B
200m dash- G/B
1600m run- G/B
1600m relay- G/B

Awards

Medals will be given to the top five (5) places in each individual event and top three (3) relays.

OSSAA rules will govern the meet **Contacts: Head Coach-** Robert Barger cell (405) 519-1605



If planning to attend please e-mail and confirm with Coach Barger at e-mail- rlbarger@okcps.org