

**WILL ROGERS JR. HIGH(Claremore) INVITATIONAL  
TRACK and FIELD MEET  
7<sup>TH</sup>, 8<sup>TH</sup>, and 9<sup>TH</sup> GIRLS and BOYS  
Tuesday, March 28th 2017**

On behalf of the Claremore School System, we extend to you and your teams an invitation to participate in our Jr. High School girls and boys track and field meet. The meet will be at our eight lane all weather track located at the Claremore High School Complex on North Florence **PLEASE PARK BUSES IN THE PARKING LOT NORTH OF THE FOOTBALL STADIUM.**

Time: Teams should report to the Claremore High School Track Complex at 9:40 a.m. for a coaches meeting. This will be a timed finals meet with field events starting at 10:00 a.m. and running events beginning at 10:00 p.m.

Entry Fee: \$85.00 for each boys and girls team. \$15.00 per individual of less than four (4) members in a team.

Divisions: There will be six (6) divisions: 7<sup>th</sup> boys, 7<sup>th</sup> girls, 8<sup>th</sup> boys, 8 girls, 9<sup>th</sup> boys, 9<sup>th</sup> girls.

Limitations: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. The shot and discus will consist of three (3) throws, and the long jump will consist of three (3) jumps.

Awards: Individual medals will be given to the top five (5) contestants in each event excluding relays.

Equipment: Claremore will provide all starting blocks to contestants, ¼ö or shorter spikes are required.

**OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY**

Mail to: Athletic Dept. Claremore High School 918-923-4211 Ext.3013  
201 E. Stuart Roosa  
Claremore, OK 74017

Teams Entered: 9<sup>th</sup> Boys \_\_\_\_\_ 8<sup>th</sup> Boys \_\_\_\_\_ 7<sup>th</sup> Boys \_\_\_\_\_  
9<sup>th</sup> Girls \_\_\_\_\_ 8<sup>th</sup> Girls \_\_\_\_\_ 7<sup>th</sup> Girls \_\_\_\_\_  
School \_\_\_\_\_ Coach \_\_\_\_\_

Phone \_\_\_\_\_

For more information contact: Eric Wiens ewiens@claremore.k12.ok.us

**CLAREMORE JR. HIGH TRACK MEET  
7<sup>TH</sup>, 8<sup>TH</sup>, 9<sup>TH</sup>, BOYS AND GIRLS  
Tuesday, March 28th 2017  
MEET SCHEDULE**

**FIELD EVENTS – 10:00 a.m.**

<b>High Jump</b>	<b>7B,8B,9B,7G,8G,9G</b>
<b>Long Jump</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>Shot Put</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>Discus</b>	<b>7B,8B,9B,7G,8G,9G</b>
<b>Pole Vault</b>	<b>All Boys – All Girls</b>

**TIMED FINALS MEET – 10:30 p.m.**

<b>400 METER RELAY</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>3200 METER RELAY</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>100 METER HURDLES</b>	<b>7G,8G,9G</b>
<b>110 METER HURDLES</b>	<b>7B,8B,9G</b>
<b>800 METER REAY</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>800 METER RUN</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>100 METER DASH</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>400 METER DASH</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>300 METER HURDLES</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>200 METER DASH</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>1600 METER RUN</b>	<b>7G,8G,9G,7B,8B,9B</b>
<b>1600 METER RELAY</b>	<b>7G,8G,9G,7B,8B,9B</b>