

Collinsville Cardinals
JH Track Meet
Saturday April 22, 2017

On behalf of the Collinsville Public Schools, we are extending a sincere invitation to your junior high boys and girls track teams to participate in our **open class** meet. **Grades 7-8.** ALL TEAMS AND ATHLETES MUST BE ENTERED ON TRACKROSTER.COM BY 4/21/17 BY 6:00 PM. Our track is an eight lane, state of the art synthetic surface track and our high jump and pole vault pits are collegiate styles that far surpass the safety standards set by national federation guidelines.

Location: Collinsville High School is located on highway 20, 3 miles east of hwy 75 and 1.5 miles west of hwy 169. The track facility sits to the northwest of the high school.

Bus Parking: North of the high school.

Team Camps: TBD.

Entry Fees: \$75 for each team. If you bring B teams, it will cost \$50.00 per additional team. \$12.00 per individual if less than four (4) members on a team (applicable to B teams as well).

Time: We will have a coaches meeting at 10:00. We will begin the field events at 10:30 and running events at 11:00. This will be a **TIMED FINALS** meet.

Limitations: Each school is limited to one (1) relay team. Each school is limited to three (3) competitors per event. Each contestant is limited to four events, including relays and field events.

Medals: Medals will be awarded to the top five finishers in each event, **except relays**, where the top 3 placing teams will receive medals.

Scoring: No team trophies.

Equipment: Collinsville will furnish all starting blocks to contestants. $\frac{1}{4}$ " spikes or shorter are required. We will provide tennis balls for any track marking you may need.

Restrooms: Restrooms are located north and south ends of the Collinsville Track Facility which is directly behind the track bleachers.

Absolutely no athletes will be allowed to enter the school building during the track meet

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

Please understand that we will follow the rules of the Oklahoma High School Coaches Association and the Oklahoma Track Coaches Association.

Sean Tesar – Head Boys Track Coach

Email Address: stesar@collinsville.k12.ok.us

School: (918) 371- 4802, 371-2541

Cell: (918) 520-2630

Rhonda Rogers – Head Girls Track Coach

Email Address: Rrogers@collinsville.k12.ok.us

School: (918) 371- 4802

Cell: (918) 629-1686

School Address: 1902 W Maple
Collinsville, OK. 74021

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Order of Events

Field Events 10:30 am

| | |
|------------|----------------|
| High Jump | 8G, 7G, 8B, 7B |
| Long Jump | 8B, 7B, 8G, 7G |
| Pole Vault | 7G-8G, 7B-8B |
| Shot | 7B, 8B, 7G, 8G |
| Disc | 7G, 8G, 7B, 8B |

Running Events 11:00 am

| | |
|--------------|----------------|
| 400m Relay | 7G, 8G, 7B, 8B |
| 3200m Relay | 7G, 8G, 7B, 8B |
| 100m Hurdles | 7G, 8G |
| 110m Hurdles | 7B, 8B |
| 800 Relay | 7G, 8G, 7B, 8B |
| 800m Run | 7G, 8G, 7B, 8B |
| 100m dash | 7G, 8G, 7B, 8B |
| 400m Dash | 7G, 8G, 7B, 8B |
| 300m Hurdles | 7G, 8G, 7B, 8B |
| 200m Dash | 7G, 8G, 7B, 8B |
| 1600m Run | 7G, 8G, 7B, 8B |
| 1600m Relay | 7G, 8G, 7B, 8B |