



TRACK & FIELD

Comanche High School Invitational

Friday, April 7th, 2017

High School Division (4A Below)

Field Events Start at 9:30 AM

Running Events Start at 10:00 AM

(Coaches Meeting at 9:15 AM)

Track Coaches: On behalf of the Comanche Public School System, we would like to extend to you and your track teams an invitation to attend our 14th Annual High School Invitational on Friday, April 7th, 2017 starting at 9:15 AM.

Entry Fees: \$90 per team
\$75 JV team
\$15 per individual if less than 4 team members
Entries must be affiliated with a school.
Make checks payable to Comanche High School Athletics

Awards: Medals will be given to the top 3 in each event.
Championship Plaque for both divisions

Contestants: Each school may enter three contestants per event and one relay.
Athletes may enter four events.

2-Divisions: High School Girls & High School Boys

Track: All-Weather surface, 6 lanes, all-weather approaches and runways.
SHORT SPIKES ONLY!

Timed Finals: All Events.

Parking: Buses should park on the west side of the football stadium across the road and on the grass.

Facilities: Concession provided. Hospitality for Coaches provided. No dressing rooms.

PLEASE RSVP SO WE KNOW HOW MUCH TO PLAN FOR.

Send Checks to: Comanche Schools 1030 Ash St.

Comanche, OK 73529 Attention: Ben Scott

e-mail: bscott@comanche.k12.ok.us or cell: 405-706-6466 or school: 580-439-3000



Schedule of Events

9:15 AM Coaches Meeting

9:30 AM Field Events:

High Jump	HS Boys – HS Girls	
Long Jump	HS Girls – HS Boys	(4 Jumps)
Shot Put	HS Boys – HS Girls	(4 Throws)
Discus	HS Girls – HS Boys	(4 Throws)
Pole Vault	HS Girls – HS Boys	

10:00 AM Running Events:

400 Meter Relay	HS Girls – HS Boys
3200 Meter Relay	HS Girls – HS Boys
100 Meter Hurdles	HS Girls
110 Meter Hurdles	HS Boys
3200 Meter Run	HS Girls – HS Boys
800 Meter Relay	HS Girls – HS Boys
800 Meter Run	HS Girls – HS Boys
100 Meter Dash	HS Girls – HS Boys

Proposed Lunch Break – 15-30 minutes

400 Meter Run	HS Girls – HS Boys
300 Meter Hurdles	HS Girls – HS Boys
200 Meter Dash	HS Girls – HS Boys
1600 Meter Run	HS Girls – HS Boys
1600 Meter Relay	HS Girls – HS Boys

NO TEAM CAMPS ON THE TRACK INFIELD

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY