# **Edmond Memorial High School**



## 7<sup>th</sup> & 8<sup>th</sup> Grade

### **Track Meet**

1000 E. 15<sup>th</sup> Edmond, OK

### **TUESDAY, MARCH 21, 2017**

Time: 3:45 Coaches Meeting 4:00 All Events Begin

SITE:

Edmond Memorial High School, 1000 East 15<sup>th</sup> Street, Edmond, Oklahoma 73013

TIMES:

Coaches meeting at 3:45 pm with competition beginning at 4:00 pm

#### **ENTRY PROCESS:**

On-line Entries: Entries are to be completed online at: <a href="www.endurousa.com">www.endurousa.com</a>. You will <a href="not not register through website">not register through website</a>. Deadline is Monday, March 20<sup>th</sup> at 7 pm

#### **ENTRY FEE:**

- 1. **\$ 100.00** per gender per team
- 2. Make Checks payable to:

**Edmond Public Schools Attn: Athletic Department** 

1001 W. Danforth Rd., Edmond, OK 73003-4801

TIMING:

The meet will be timed using **F.A.T** 

#### **COMPETITION & WARM-UP:**

- Unlimited entries per event/relay
- Athletes may only compete in **four** events
- Running events: Report to heating area in the South end zone when your event is called.
- Field Events: Athletes will check-in at the event area

#### **AWARDS:**

Awards will be presented to top Three (3) Relays and Top Six (6) Individual placers; no team awards.

#### CONCESSION:

Concession stand will be provided

#### **ADMISSION:**

\$ 5.00

**Meet Directors:** Chris Lowrey (Head Boys' Track)

(405) 715-6589 or chris.lowrey@edmondschools.net

**Tim Grantham** (Head Girls' Track)

(405) 990-5293 or tim.grantham@edmondschools.net

### **EDMOND MEMORIAL HIGH SCHOOL**

### Middle School Meet March 21<sup>st</sup>

### **Field Events**

High jump	7B	8B	7G	8G	
Long jump	7G	8G	7B	8B	3 jumps – no finals
Shot	7 <b>G</b>	8G	7B	8B	3 throws – no finals
Discus	7B	8B	7G	8G	3 throws – no finals
Pole vault	7/8B		7/8G		

### **Running Events**

4x100 Relay	7G	7B	8G	8B
4x800 Relay	7G &	8B	8G &	7B
100 Hurdles (30)	7G	8G		
110 Hurdles (33)	7B	8B		
4x200 Relay	7G	8G	7B	8B
800 Dash	7G	8G	7B	8B
100 Dash	7G	8G	7B	8B
400 Dash	7G	8G	7B	8B
300 Hurdles	7G	8G	7B	8B
200 Dash Girls	7G	8G	7B	8B
1600 Run Girls	7G	8G	7B	8B
4x400 Relay	7G	8G	7B	8B