



**GIRLS & BOYS
HIGH SCHOOL
TRACK
CONFERENCE
CHAMPIONSHIPS**

**Thursday, April 27, 2017
Union Cross Country/Track Complex
Union High School
6636 S. Mingo Road
Tulsa, Oklahoma 74133-3247**

**UNION
ATHLETICS**

6836 S. Mingo Road
Tulsa, OK 74133

918-357-7410
www.unionps.org

**STATE
CHAMPIONSHIPS**

Baseball

1979 • 1989 • 1990 • 2005 • 2006 • 2010

Girls Basketball

2008

Boys Basketball

2004 • 2012 • 2014

Girls Cross Country

1976 • 1977 • 1978 • 1979
1980 • 1981 • 2005

Boys Cross Country

2007 • 2008 • 2010

Football

1963 • 2002 • 2004 • 2005
2008 • 2009 • 2010 • 2011 • 2016

Girls Golf

2011 • 2012 • 2013 • 2014

Girls Soccer

2007 • 2008 • 2015 • 2016

Boys Soccer

1995 • 1998 • 2005 • 2007

Fast-Pitch Softball

1976 • 1992 • 1999 • 2011

Slow-Pitch Softball

2010 • 2013

Girls Track

2003 • 2005 • 2006 • 2007 • 2010

Boys Track

2008 • 2009

Boys Tennis

2005 • 2006 • 2007 • 2008

Boys Swimming

2012

Wrestling

1982 • 2009
Dual State 2007 • 2012

Cheerleading

1990 • 2007 • 2011 • 2013

Highsteppers

1980-2008
2012 • 2013 • 2014
• 2015

Pom

2002 • 2004 • 2005 • 2006 • 2007
2008 • 2009 • 2010 • 2011 • 2012



DEPARTMENT OF ATHLETICS

Athletic Director and Coach,

On behalf of Union Public Schools, the Union Athletic Department and the Frontier Valley Conference, we want to welcome you and your teams to the Union Cross Country & Track Complex for Thursday's Conference Championships.

Included in this packet is information that will assist you with your visit. You will find general meet guidelines, working station assignments, order of events, and map of the parking location for your team buses, as well as other helpful information.

Please share this information with your team, parents, and fans. It is our hope to make your visit here to Union as seamless as possible.

If you have additional questions or need additional information, please do not hesitate to contact our office at 918-357-7410 or by email barkley.emily@unionps.org.

We look forward to having you as our guest.

Sincerely,

Emily Barkley
Athletic Director
Union Public Schools



WHAT: Frontier Valley Conference Championship Meet
WHERE: Union High School
WHEN: Thursday, April 27, 2017
TIME: All teams report to the track for Coaches Meeting 3:30
Field Events and Running Events start at 4:00

You may enter only 3 people per event- 1 relay per school

- All schools must submit their entries on TRACKROSTER by completing steps 1-5 for roster entry meetöí .. not seeded
- Cutoff date is Wednesday, April 26th by 5:00 P.M.
- Team Points: Relays 20-16-12-8-4-2 Individual Events: 10-8-6-4-2-1
- Heating: All athletes will check in at the heating benches before their race
- This will be a rolling schedule and food will be provided during the meet
- Contacts: Aaron Parsons parsons.aaron@unionps.org or Jana Patterson patterson.jana@unionps.org
- All OSSAA rules apply

WORKING STATION ASSIGNMENTS

| | |
|-------------------------------|-------------------------|
| Owasso-Pole Vault | Sand Springs- High Jump |
| Broken Arrow- Long Jump | Sapulpa- Discus |
| Jenks- Shot | Bixby- Exchange Zones |
| Muskogee- High Jump | Bartlesville- Long Jump |
| Bishop Kelley- Exchange Zones | Union- Exchange Zones |



ORDER OF EVENTS

4:00 FIELD EVENTS

| | |
|-------------|-------------|
| High Jump: | Boys, Girls |
| Pole Vault: | Girls, Boys |
| Long Jump: | Girls, Boys |
| Discus: | Girls, Boys |
| Shot: | Boys, Girls |

4:00 RUNNING EVENTS: TIME FINALS IN ALL EVENTS

| | |
|---------------|-------------|
| 3200 Relay: | Girls, Boys |
| 400m Relay: | Girls, Boys |
| 100m Hurdles: | Girls |
| 110m Hurdles: | Boys |
| 100m Dash: | Girls, Boys |
| 800m Relay: | Girls, Boys |
| 3200 M Run: | Girls, Boys |
| 800 M Run: | Girls, Boys |
| 400m Dash: | Girls, Boys |
| 300m Hurdles: | Girls, Boys |
| 200m Dash: | Girls, Boys |
| 1600 M Run: | Girls, Boys |
| 1600 M Relay: | Girls, Boys |



UNION CROSS COUNTRY/TRACK COMPLEX GENERAL INFORMATION

COMPLEX POLICIES

- No signs, banners, or flags attached to the fences or bleachers.
- Union Public Schools is a Tobacco Free Facility.
- No outside food or drink allowed.
- No re-admission for students. Ticket stub and/or stamp can be used for re-admission for adults.
- No animals or pets of any kind allowed with the exception of service animals.

HANDICAPPED GUESTS

- Ramps are located on the bleachers and a ramp from inside the facility is available to the access the shot/discus areas.

CONCESSIONS / RESTROOMS

- Concessions and restrooms are available and are located at the front entrance of the complex.

CODE OF CONDUCT

- Make sportsmanship a priority for students, parents, fans, coaches, and athletes.
- Security and Administration are available for those who cannot display good sportsmanship.

MEDICAL

- AED Units are located in the High School and also on field with Union's certified athletic trainers.
- Union will have certified athletic trainers available for all teams.
- In the event of an emergency, call 911.



Contact Information

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918-357-7410

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Athletic Trainer

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Head Athletic Trainer
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