

GLENPOOL INVITATIONAL TRACK MEET
7th and 8th grade
March 23rd, 2017

On behalf of the Glenpool Public School System, we extend to you and your teams a sincere invitation to participate in our middle school boys and girls track and field meet. The following will give you the information for the meet.

ENTRY FEE: \$70.00 for each boys and girls team. \$10.00 per individual if less than four (4) members on a team.

TIME: All teams report to the Glenpool football field by 8:30 a.m. for coaches meeting. Field events will begin at 9:00 a.m. and timed finals in running events at 10:00 a.m.

DIVISIONS: There will be 4 divisions 7th and 8th boys, 7th and 8th girls.

LIMITATIONS: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Four (4) throws will be given in the shot and discus, and four (4) jumps in the long jump. There will be a girls pole vault in all divisions.

MEDALS: Awarded to 1st, 2nd, and 3rd places in all events.

PLAQUES: Awarded to 1st and 2nd place teams.

TEAM POINTS: Awarded to 1st thru 6th places (10-8-6-5-2-1) in individual events and in relays (20-16-12-8-4-2).

EQUIPMENT: Glenpool will furnish all starting blocks to contestants. 3/16" or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

There will be a coaches feed at the break. We hope that you and your teams can be with us for this track meet. Please fill out the enclosed entry form and mail or fax it to us ASAP. Please call the athletic department if you have any questions. Thank you.

Glenpool Middle School Track Meet
March 23rd, 2017
Order Of Events

Field Events

9:00 a.m.

High Jump Boys-Girls (8B-7B-8G-7G)
Long Jump Girls-Boys (8G-7G-8B-7B)
Discus Girls-Boys (7G-8G-8B-7B)
Shot Boys-Girls (8B-7B-7G-8G)
Pole Vault Boys-Girls (7B-8B-7G-8G)

Time Finals

9:30 a.m.

4x100 Relay 7G-8G-7B-8B
4x800 Relay 7G-8G-7B-8B
100 Hurdles 7G-8G
110 Hurdles 7B-8B
800 Run 7G-8G-7B-8B
4x200 Relay 7G-8G-7B-8B
100 Dash 7G-8G-7B-8B

Proposed Break

400 Dash 7G-8G-7B-8B
300 Hurdles 7G-8G-7B-8B
200 Dash 7G-8G-7B-8B
1600 Run 7G-8G-7B-8B
4x400 Relay 7G-8G-7B-8B

GLENPOOL MIDDLE SCHOOL INVITATIONAL TRACK MEET

March 23rd, 2017

ENTRY FORM

SCHOOL_____Phone_____

COACH_____

TEAMS(Check the ones you will have)

7th Boys_____7th Girls_____

8th Boys_____8th Girls_____

\$70.00 per team or \$10.00 per individual, if less than 4 members on a team.

Amount paid_____

PLEASE MAIL TO KATHY TYREE
GLENPOOL SCHOOLS
PO BOX 1149
GLENPOOL, OK 74033