

HOMINY HIGH SCHOOL

611 N Eastern, Hominy, OK 74035

HOMINY HS – JUNIOR HIGH TRACK MEET

APRIL 6, 2017

ORDER OF EVENTS

COACHES MEETING 9:15 IN THE FIELD HOUSE

FIELD EVENTS 9:30AM

SHOT PUT	B-G
DISCUS	G-B
LONG JUMP	G-B
HIGH JUMP	B-G
POLE VAULT	B-G

TIMED FINALS 10:00AM

400 RELAY	G-B
3200 RELAY	G-B
100 HURDLES	G
110 HURDLES	B
3200 RUN	B
800 RELAY	G-B
800 RUN	G-B
100 DASH	G-B

LUNCH BREAK (30 MIN)

3200 RUN	G
400 DASH	G-B
300 HURDLES	G-B
200 DASH	G-B
1600 RUN	G-B
1600 RELAY	G-B

- Entry Fee \$65.00/Team. \$10 per contestant if no team fee (4 or below). 7th girls, 7th boys, 8th girls, 8th boys.
- Medals 1-5 Places Individually. 1-3 on Relays. No Team Plaques
- Make checks payable to Hominy HS. You can either mail in fee or wait until coaches meeting to pay.
- Coaches Meal Provided at the break and in the Football Field House.
- Contact Coach Christian (918) 885-6253 or cchristian@hominy.k12.ok.us for further information.