

JENKS TROJAN MIDDLE SCHOOL/FRESHMAN TRACK INVITATIONAL
APRIL 10TH, 2017

TEAM: There will be an 8 team limit; first 8 teams to contact will participate.

TIME: Coaches Meeting 3:30pm; All Events Start At 3:45pm

ENTRIES: There will be 8th Gr Girls/Boys Div and 9th Gr Girls/Boys Div. We will be using EnduroEntries. You must contact Coach Falls for the "**Invitation Code**". (Roster Only entries)

ON-LINE ENTRIES: Entries are to be complete online at: www.endurousa.com If you do not already have an account, you will need to visit the **NEW** "ENDURO" website (www.endurousa.com). After you set up your new account, you must **UPGRADE** your account to "**Coach of Record (school meets)**".

The blue button to upgrade is in the upper-right corner of the Home Page. After you upgrade to "**Coach of Record (school meets)**", click on "**My Roster List**" to find your roster and add students.

You must add our meet to your on-line schedule and complete the necessary steps to enter your athletes.

Entry deadline: the day before the meet at 5PM. Teams will NOT be added at the meet. **(NO EXCEPTIONS)**

PLACING: All running events will be timed finals. Field events will be 3 attempts only.

AWARDS: Medals will be awarded, 1st thru 5th place on individual events and 1st – 3rd on relays. There will be no team score kept and no team trophies awarded.

HEATING: We will heat in the middle of the field at the heating table. Please let your athletes know that you want the fastest kid in the 1st heat.

LIMITATIONS: ¼ inch or shorter spikes required. Starting blocks will be provided. You must provide your own Relay marking material **(NO TAPE)**.

ENTRY FEE: \$75 for each Division. Please bring a check with you or mail it prior to the track meet. Make Checks Payable to: **JENKS ATHLETIC DEPARTMENT**. Payment may be mailed to:

Teri Dimmick
Jenks Public Schools 205 E. B St.
Jenks Ok 74037

Meet information contact:
Brian Falls
Email: brian.falls@jenksps.org

3:45 FIELD EVENTS

HIGH JUMP 8B, 9B – 8G, 9G
POLE VAULT 8G, 9G – 8B, 9B
LONG JUMP 8G, 9G – 8B, 9B
SHOT 8B, 9B – 8G, 9G
DISCUS 8G, 9G – 8B, 9B

3:45 RUNNING EVENTS

400m RELAY 8G, 9G – 8B, 9B
3200m RELAY 8G, 9G – 8B, 9B
100m HURDLES 7G, 8G
110m HURDLES 7B, 8B
100m DASH 8G, 9G – 8B, 9B
800m RUN 8G, 9G – 8B, 9B
800m RELAY 8G, 9G – 8B, 9B
400m DASH 8G, 9G – 8B, 9B
300m HURDLES 8G, 9G – 8B, 9B
200m DASH 8G, 9G – 8B, 9B
1600m RUN 8G, 9G – 8B, 9B
1600m RELAY 8G, 9G – 8B, 9B