

# The 48<sup>th</sup> ANNUAL CLINTON GROVES 7<sup>TH</sup> & 8<sup>TH</sup> GRADE JARMAN INVITATIONAL TRACK MEET

This meet is open to the first 12 teams interested in attending. If you plan on attending, please email: stuter@mid-del.net or kmiller@mid-del.net

## **WHEN & WHERE**

The event will be held on <u>Thursday April 6, 2017</u>. School address: 5 W. MacArthur Blvd Midwest City, OK. If you have any questions please contact Samantha Tuter or Kim Miller by email or call 405-739-1771.

<u>ON-LINE ENTRIES</u>: Entries are to be complete online at: <u>www.endurousa.com</u> If you do not already have an account, you will need to visit the **NEW** "ENDURO" website (<u>www.endurousa.com</u>). After you set up your new account, you must <u>UPGRADE</u> your account to "<u>Coach of Record (school meets</u>)".

The blue button to upgrade is in the upper-right corner of the Home Page. After you upgrade to "Coach of Record (school meets)", click on "My Roster List" to find your roster and add students.

You must add our meet to your on-line schedule and complete the necessary steps to enter your athletes.

Entry deadline: the day before the meet at 5PM. Teams will NOT be added at the meet. (NO EXCEPTIONS)

### **ENTRY FEES**

There will be 4 divisions during the meet: 8<sup>th</sup> Boys, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 7<sup>th</sup> Girls. There will be a **\$90 Entry Fee per division.** Please make checks payable to Jarman Middle School. Please indicate <u>division(s)</u> and school when making payment. For example: 8<sup>th</sup> grade Boys and Girls (\$180), 7<sup>th</sup> Grade Boys Only (\$90).

### **SCORING**

Scoring: 10-8-6-4-2-1 (doubled for relays). Timed Finals – "Roster Only" Entries. There will be NO qualifying for field events. Each contestant will be allowed 3 attempts/scratches. The top 6 will count toward team points.

### **AWARDS**

Individual medals will be awarded to the <u>top three places</u> and team trophies will be awarded to the <u>top two</u> <u>teams</u>. All medals and trophies will be handed out at the conclusion of the meet.

### **IMPORTANT TIMES**

**8:30 A.M. –** Coaches meeting will be held in the home locker room.

**9:00 A.M.** – First call for running events.

### **CONCESSIONS and GATE FEES**

Hot foods, drink and snack items will be available for purchase by the athletes and spectators. Donuts, coffee, juice, and a hot lunch will be provided for coaches. Gate fee for all spectators will be: Adults \$3, Students \$2, Senior Citizens Free.

# **RULES**

- Nothing that will puncture the field is allowed on the turf area. This includes tent stakes.
- No sunflower seeds in track or turf area.
- No chairs or tables allowed on track or turf area.
- Benches with flat bases allowed on turf only. Benches are to be kept off track at all times.
- All trash must be picked up and put in trach receptacles by each group or groups immediately after using the facility.
- Do not climb or jump fencing. No leaning or pulling on gates or fencing.
- Do not track mud on the turf.
- Short spikes only.
- A student may enter up to **four** events in one grade division.
- All warm-ups will be conducted outside (south) of the stadium on the practice field.
- All spectators are to remain off the infield. Only those participants who are about to run are permitted on the field at any time.
- All **camps** will be located in the reserved section of concrete bleachers on the South side of Rose Field (press box side).
- In the event an appeal is needed, an appeal committee will be selected during the morning coaches meeting. The decisions of the appeals committee are final.

# ORDER OF RUNNING EVENTS (9:00 A.M. start)

400m Relay	7G-8G-7B-8B
3200m Relay	7G-8G-7B-8B
100m Hurdles	7G-8G
110m Hurdles	7B-8B
400m Dash	7G-8G-7B-8B
100m Dash	7G-8G-7B-8B
800m Relay	7G-8G-7B-8B
800m Run	7G-8G-7B-8B
200m Dash	7G-8G-7B-8B
300m Hurdles	7G-8G-7B-8B
1600m Relay	7G-8G-7B-8B
1600m Run	7G-8G-7B-8B

# ORDER OF FIELD EVENTS (9:00 A.M. start)

Field events are "All Finals" format, no qualifying rounds. Each contestant is allowed 3 attempts/scratches. Top 6 count toward team points.

Discus	7G-8G-7B-8B
Shot	7B-8B-7G-8G
Long Jump	7B-8B-7G-8G
High jump	7G-8G-7B-8B

If you have any questions, feel free to contact Samantha Tuter or Kim Miller at (405) 739-1771.