



# John Jacobs High School Invitational

April 21, 2017

## *Tentative Meet Information Packet*

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**NOTE: The meet is open to interested teams as well as individual athletes who have met a qualifying standard. Please contact Stacy Stanush ([stacy.stanush@ou.edu](mailto:stacy.stanush@ou.edu)) or Kevin Ondrasek ([kevin@ou.edu](mailto:kevin@ou.edu)) for consideration and acceptance.**

### **Events & Schedule**

**The information listed here is TENTATIVE. The number of accepted entries will determine the final list of events, time schedule and number of heats. A tentative time schedule is included. A FINAL time schedule will be posted on [www.soonersports.com](http://www.soonersports.com) following the close of entries.**

### **Entry Deadline**

**12:00 PM (CT) Monday, April 17, 2017.**

### **Entry Procedure**

All entries are to be done online with Direct Athletics ([www.directathletics.com](http://www.directathletics.com)). Team entries will be accepted based on invitation only. Phone, email or faxed entries will not be accepted.

### **Entry Fee**

Team entry fee (14 or more athletes) is \$100 per gender per team or \$20 per individual / relay with 13 or less athletes. **Checks can be made payable to “The University of Oklahoma”. School name and address must be provided for teams not paying at packet pick-up**

### **Entry Limitations**

Each school is limited to **THREE** athletes per running event, **TWO** athletes per field event, and **ONE** relay team per event. Each team will also be allotted **THREE** wildcard entries per gender.

### **Accepted Entries**

All accepted entries will be posted on our website, [soonersports.com](http://soonersports.com), as soon as possible following the close of entries.

Last Revised: October 27, 2016

<b>Meet Schedule</b>	<b>The schedule given here is tentative and MAY BE REVISED.</b> A final schedule will be posted on our website as soon as possible following the close of entries ( <a href="http://www.soonersports.com">www.soonersports.com</a> ).
<b>Heat Sheets</b>	Heat sheets will be available online no later than Thursday, April 20 <sup>th</sup> .
<b>Packets</b>	Coaches may pick up packets in the Mosier Center lobby on Friday, April 21 <sup>st</sup> beginning at 9:30 am.
<b>Parking</b>	Parking is available in the eastern most portion of the Duck Pond parking lot. Enter the lot from Brooks Street and head to the far east end (the end closest to the Duck Pond). A pedestrian gate on the northeast corner of the John Jacobs Track Facility will be open. Because of classes on the Norman campus, only cars belonging to spectators and competitors parked in the east end of the lot will not be ticketed. Access to Brooks Street is possible from north or southbound Jenkins Avenue (the street that runs on the east side of Oklahoma Memorial Stadium). Buses are asked to drop off and park in areas indicated on the enclosed map.
<b>Implement Weigh-In</b>	Weights and Measures will be located at the throws area. All implements must be weighed-in at least one-hour prior the start of each throwing event.
<b>Spikes</b>	Spikes must not exceed 1/4". High jumpers may use 3/8" spikes. Spikes will be checked as part of the check-in process.
<b>Scoring / Rules</b>	Scoring will be conducted as follows: 10-8-6-4-2-1 with relays scoring double. The meet will be conducted under the rules of the Oklahoma Secondary Schools Association.
<b>Results</b>	Live results will be available online at <a href="http://ptiming.com">ptiming.com</a> and will be posted on the University of Oklahoma Athletics website - <a href="http://www.soonersports.com">www.soonersports.com</a> following the conclusion of the event.
<b>Awards</b>	Medals will be awarded to the top 3 finishers in each event. Team trophies will be presented to the top team.
<b>Meet Director</b>	Stacy Stanush email: <a href="mailto:stacy.stanush@ou.edu">stacy.stanush@ou.edu</a> Kevin Ondrasek email: <a href="mailto:kevino@ou.edu">kevino@ou.edu</a>

# TENTATIVE SCHEDULE: JOHN JACOBS HIGH SCHOOL INVITATIONAL

FRIDAY, APRIL 22, 2017

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## FIELD EVENTS

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<u>Time</u>	<u>Event</u>	<u>Gender</u>
10:00 AM	Discus Throw	Girls
10:00 AM	Shot Put	Boys
11:00 AM	High Jump	Girls
11:00 AM	Long Jump	Boys
11:00 AM	Pole Vault	Boys
12:30 PM	Shot Put	Girls
1:00 PM	Discus Throw	Boys
1:30 PM	High Jump	Boys
1:30 PM	Long Jump	Girls
1:30 PM	Pole Vault	Girls

## RUNNING EVENTS

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<u>Time</u>	<u>Event</u>	<u>Gender</u>
10:30 AM	4 X 100 Meter Relay	Girls
10:40 AM	4 X 100 Meter Relay	Boys
10:50 AM	4 X 800 Meter Relay	Girls
11:05 PM	4 X 800 Meter Relay	Boys
11:20 PM	100 Meter Hurdles	Girls
11:35 PM	110 Meter Hurdles	Boys
11:45 PM	3200 Meter Run	Girls
12:10 PM	3200 Meter Run	Boys
12:25 PM	4 X 200 Meter Relay	Girls
12:35 PM	4 X 200 Meter Relay	Boys
12:45 PM	800 Meters Run	Girls
1:55 PM	800 Meters Run	Boys
1:10 PM	100 Meter Dash	Girls
1:15 PM	100 Meter Dash	Boys
1:30 PM	400 Meter Dash	Girls
1:45 PM	400 Meter Dash	Boys
2:05 PM	300 Meter Hurdles	Girls
2:20 PM	300 Meter Hurdles	Boys
2:30 PM	200 Meter Dash	Girls
2:45 PM	200 Meter Dash	Boys
3:00 PM	1600 Meter Run	Girls
3:15 PM	1600 Meter Run	Boys
3:30 PM	4 X 400 Meter Relay	Girls
3:40 PM	4 X 400 Meter Relay	Boys

PARKING INFORMATION MAP

