



## **OWASSO JUNIOR HIGH TRACK MEET** **7th 8th 9th**

- DATE: 3/28/2017
- TIME: 10:00 Coaches Meeting  
10:15 Field Events and  
10:30 Running Events
- ENTRIES: 6 Divisions...9/8/7 Grade Boys/Girls
- AWARDS: Medals to the first three places. Team trophy to winner in each division.
- PLACING: All events are final.
- HEATING: There will not be a heating bench. We will heat everyone at the starting line of each event.
- LIMITATIONS: Each contestant is limited to four events, including relays. Each school is limited three entrants in each event and one relay team.
- EVENTS: We are not running at 200m. The 7 grade division will not be running a 3200m run.
- ENTRY FEE: \$80.00 per Division.
- COACHES: This will be an ENDURO timed meet, so you must go to [Enduroentries.com](http://Enduroentries.com) and enter a roster only. You will also need to email for the code to enter your roster. We will not be posting results.
- CONTACT INFO: Steve Parker  
Owasso High School  
12901 East 86th Street North  
Owasso, Ok 74055  
Cell: 918-808-1412  
Ath. Office: 918-272-1867  
Email: [steve.parker@owassops.org](mailto:steve.parker@owassops.org)

10:15

FIELD EVENTS:

HIGH JUMP	7G-8G-9G/7B-8B-9B
POLE VAULT	7B-8B-9B/7G-8G-9G
LONG JUMP	7G-8G-9G/7B-8B-9B
SHOT	7G-8G-9G/7B-8B-9B
DISCUS	7B-8B-9B/7G-8G-9G

10:30

RUNNING EVENTS:

3200m Relay	7G-8G-9G/7B-8B-9B
100m Hurdles	7G-8G-9G/7B-8B-9B
110m Hurdles	7G-8G-9G/7B-8B-9B
100m	7G-8G-9G/7B-8B-9B
800m Relay	7G-8G-9G/7B-8B-9B
1600m Run	7G-8G-9G/7B-8B-9B
300m	7G-8G-9G/7B-8B-9B
400m	7G-8G-9G/7B-8B-9B
400m Relay	7G-8G-9G/7B-8B-9B
800m	7G-8G-9G/7B-8B-9B
3200m	8G-9G/8B-9B
1600m Relay	7G-8G-9G/7B-8B-9B