

Stillwater High School

Pioneer Relays

- Date:** Friday, March 31st, 2017
- Time:** All teams report to HS Track by 3:30pm for coaches meeting. Field events will start at 3:45pm and running events will start at 4:00pm
- Divisions:** There will be 2 divisions: HS Boys / HS Girls
- Entry Fee:** \$90.00 for EACH division. HS Girls \$90, HS Boys \$90.
Please bring check with you, or let me know that “The check is in the mail”.
- Coaches:** There will be preliminaries and finals in the L J, Shot and Discus.
We will take 8 to the finals.
- Awards:** Medals to the first three places. Trophies to the top two teams
- Heating:** All athletes will need to heat in at the heating benches before their race (South end of the FB field).
- Limitations:** Short (1/4) spikes. You may only have 3 athletes per event, 1 athlete may enter only 4 events. You can run a “B” team, but please clearly distinguish between the two.
- Team Points:** 10-8-6-4-2-1. 20-16-12-8-4-2 (Relays)
- Dinner:** We will feed all coaches dinner, but we will not be taking a break.
- Contacts:** Stillwater High School—1224 N. Husband—Stillwater, Ok. 74075
Coach Rusty Atkins Cell (405) 714-0442
School Phone: (405) 533-6450 Fax: (405) 533-6464

ON-LINE ENTRIES: * * * * We’re using the new “ENDURO” website --- www.enduroussa.com * * * *
Schools that attend this meet must submit their entries on the new “ENDURO” website: www.enduroussa.com. If you are using the new website for the first time, you must setup an account and **UPGRADE** your account to “Coach of Record (school meets)”.

DEADLINE: **the day before the meet @5:00pm.** - - - Complete both steps on the “Entries Window”. (“Roster Only” meet)

* * * **NO LATE ENTRIES** * * * Schools who have not entered on-line will not be added at the meet.

* * * If you have any questions about your ENDURO USA account, please email your questions to: kevin@runenduro.com

Order of Events 2017

3:45 Field Events

High Jump	Boys, Girls
Pole Vault	Girls, Boys
Long Jump	Girls, Boys
Discus	Girls, Boys
Shot	Boys, Girls

4:00 Running Events

ALL FINALS

400m relay	Girls / Boys
3200m relay	Girls / Boys
100m dash	Girls / Boys
100m hurdles	Girls
110m hurdles	Boys
3200m run	Boys
800m relay	Girls
800m relay	Boys
3200m run	Girls
800m run	Girls / Boys
400m dash	Girls / Boys
300m hurdles	Girls (30") / Boys (36")
200m dash	Girls / Boys
1600m run	Girls / Boys
1600m relay	Girls / Boys