

# Stroud Middle School

*"Home of The Tigers"*

---

212 West 7<sup>th</sup> Street, Stroud, Oklahoma 74079, Phone 918-968-2200, Fax 918-968-0773

Dear Track Coach:

We are pleased to announce the annual 7<sup>th</sup> & 8<sup>th</sup> grade invitational track meet. Our re-surfaced eight-lane track has a top of the line polyurethane finish. Consider this our sincere invitation to you and your team to attend our 7<sup>th</sup> & 8<sup>th</sup> grade meet. This meet will be run as timed finals.

## DETAILS OF THE MEET:

Date:	Saturday, April 8, 2017
Classes:	4A & Below Schools
Divisions:	7 <sup>th</sup> Girls, 8 <sup>th</sup> Girls, 7 <sup>th</sup> Boys, and 8th Boys
Participation:	Each event will be limited to three contestants per school. Each contestant may enter no more than four events. Spike length should be ¼" or shorter. Blocks will be provided.
Time:	Coaches meeting will be held at 9:00 a.m. with field events and running events beginning at 9:30 a.m.
Entry Fee:	The entry fee is \$70.00 per division. \$15.00 per individual up to 4 individuals. Make checks payable to Stroud Middle School.
Scoring:	No Team Scoring due to an increase in medals given.
Awards:	Medals for the first three places in the relays. Top five receive medals in individual events.
Hospitality:	There will be a coach's feed during the meet.
Parking:	Bus parking will be located just south of the track building-enter on road immediately south of the Middle School which is located on Gillespie Drive.
Tents:	All camps will be located in the middle school playground.

## OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

For additional information call:	Bob Wood	Bob Hoover
	918-968-2542 school	918-968-2542 school
	918-968-2027 home	
	918-290-0162 cell	

*"Building Character Through Competitive Athletics"*

## **ORDER OF EVENTS**

### **TIMED FINALS-9:30 A.M.**

400 Meter Relay	Girls-Boys
3200 Meter Relay	Girls-Boys
100 Meter Hurdles	Girls-Boys
800 Meter Relay	Girls-Boys
800 Meter Run	Girls-Boys
100 Meter Dash	Girls-Boys
400 Meter Run	Girls-Boys
300 Meter Hurdles	Girls-Boys
200 Meter Dash	Girls-Boys
1600 Meter Run	Girls-Boys
1600 Meter Relay	Girls-Boys

### **FIELD EVENTS-9:30 A.M.**

Long Jump	7-G, 8-G, 7-B, 8-B
High Jump	7-B, 8-B, 7-G, 8-G
Shot Put	8-G, 7-G, 8-B, 7-B
Discus	8-B, 7-B, 8-G, 7-G
Pole Vault	8-G, 7-G, 8-B, 7-B

**COACHES, PICK UP YOUR MEDALS AND OTHER APPLICABLE AWARD(S) AT THE END OF THE MEET. THEY WILL NOT BE GIVEN TO THE ATHLETES. PLEASE CHECK FOR ACCURACY BEFORE LEAVING THE MEET.**