

Tishomingo Junior High School Home of the Indians



Tishomingo High School

is proud to invite you to the
“Tishomingo Junior Indian Relays”
Thursday, March 30th, 2017

This meet has been approved and sanctioned by the OSSAA.

Coaches meeting begins at 9:30 am

Field events will start at 10:00 am

Running events will start at 10:30 am

**We have an all-weather track
(poly-urethane track).
1/4” spike or shorter will be used.**

- ❖ There will be six (6) divisions:
 - 6th grade girls – 7th grade girls – 8th grade girls
 - 6th grade boys – 7th grade boys – 8th grade boys
- ❖ AGE LIMIT – You may enter the student in the grade he or she is in school, if he or she has not failed more than one year. If they have failed more than one year, enter the grade they should be in.
- ❖ ENTRY FEE - \$60.00 per team.
- ❖ MEDALS will be given to the first five (5) places in each of the events. No Team Trophies will be given.
- ❖ There will be No Team Points Kept.
- ❖ Each school will be limited to three (3) entries in each event and one (1) relay per school.
- ❖ Individual entry fee is \$15.00 (if you do not have a team – a team consists of at least four (4) individuals.)
- ❖ An individual may not enter more than four (4) events.

IN CASE OF INCLEMENT WEATHER: CALL 1-580-371-2322 – EXT 110

Coach Houser (cell) 580-371-5456

Coach Wood (cell) 580-371-5164

Entry fees should be mailed to:

Boyd Houser, Athletic Director
Tishomingo High School
1300 East Main
Tishomingo, OK 73460



Tishomingo Little Indians Relays

Running Events Schedule

400 Meter Relay 6th, 7th, 8th Girls
6th, 7th, 8th Boys

3200 Meter Relay 6th, 7th, 8th Girls
6th, 7th, 8th Boys

100 Meter Hurdles 6th, 7th, 8th Girls

110 Meter Hurdles 6th, 7th, 8th Boys

800 Meter Relay 6th, 7th, 8th Girls
6th, 7th, 8th Boys

800 Meter Run 6th, 7th, 8th Girls
6th, 7th, 8th Boys

100 Meter Dash 6th, 7th, 8th Girls
6th, 7th, 8th Boys

400 Meter Dash 6th, 7th, 8th Girls
6th, 7th, 8th Boys

300 Meter Hurdles 7th, 8th Girls
7th, 8th Boys

200 Meter Dash 6th, 7th, 8th Girls
6th, 7th, 8th Boys

1600 Meter Run 6th, 7th, 8th Girls
6th, 7th, 8th Boys

1600 Meter Relay 6th, 7th, 8th Girls
6th, 7th, 8th Boys



Field Events Schedule

Shot Put 7th Boys, 6th Girls, 8th Girls
7th Girls, 6th Boys, 8th Boys

Discus 7th Girls, 6th Boys, 8th Boys
7th Boys, 6th Girls, 8th Girls

High Jump 8th Girls, 7th Boys, 6th Girls
8th Boys, 7th Girls, 6th Boys

Long Jump 8th Boys, 7th Girls, 6th Boys
8th Girls, 7th Boys, 6th Girls

Pole Vault 7th Girls, 8th Girls
8th Boys, 7th Boys