



Wilburton High School

Gary Lay, Principal

1201 WEST BLAIR
WILBURTON, OKLAHOMA 74578
918 465-3125

January 12, 2017

Dear Track Coaches:

We would like to invite you to our annual track meets for Wilburton Public Schools.

The Junior High Meet will be held on March 21st, 2017. The start time will be 10:15 a.m. for field events and 10:45 a.m. for running events. Coaches meetings will take place at 10:00 a.m. The meet will consist of 4 divisions, a 7th grade division boys/girls and an 8th-9th grade combined division boys/girls.

The High School Meet will be held on March 23rd, 2017. The start time will be 10:15 a.m. for field events and 10:45 a.m. for running events. Coaches meetings will take place at 10:00 a.m. in the middle of the football field. The meet will consist of 2 divisions, grades 9-12 boys/girls.

A hospitality room will be provided for coaches at upper concession stand.

Medals will be awarded to the top 3 in each event. A 1st place and runner-up trophy will be awarded to the top 2 teams in each division.

The entry fees are listed on the attached form. Please mark all teams that apply.

There are no camps inside the track area, discuss/shot put rings or pole vault areas. Please keep your athletes off the football field and in the stands, the field is for warming-up and heating only. Lawn chairs and boom boxes are prohibited. No warm-up throws for shot and discus without a coach present. No unsupervised warm-ups.

Admission at the gate will be \$2 for ages 12 and up.

Please return the enclosed entry form (prior to the meet) to Mr. Lay or Mr. Vanderburg. This meet is limited to the first 16 teams to confirm.

If you have any questions you may call Mr. Lay or Mr. Vanderburg.

918-465-3125 HS

918-465-2281 JH/Elementary

918-465-1141 Fax

Hope to see you soon

Gary Lay

Athletic Director

WILBURTON JH TRACK MEET

Coaches Meeting: 10:00 at heating benches

- No team camps on the infield (this area is for warm up only).
- Timed Finals
- 3 attempts in field events

Field Events 10:15

Shot:	9 th boys/7 th boys	9 th girls/7 th girls
Discus:	9 th girls/7 th girls	9 th boys/7 th boys
Long Jump	7 th boys/9 th boys	7 th girls/9 th girls
High Jump	7 th girls/9 th girls	7 th boys/9 th boys
	4' 4"	4' 6"

Event Order 10:30

*3200M Run	9 th girls/9 th boys	
100M Hurdles	7 th girls/9 th girls	7 th boys/9 th boys
400 Relay	7 th girls/9 th girls	7 th boys/9 th boys
*3200M Relay	9 th girls/9 th boys	
800M Relay	7 th girls/9 th girls	7 th boys/9 th boys
100M Dash	7 th boys/9 th boys	7 th girls/9 th girls
800M Run	7 th girls/9 th girls	7 th boys/9 th boys

Break (20 Minutes)

400M Dash	7 th girls/9 th girls	7 th boys/9 th boys
300M Hurdles	7 th girls/9 th girls	7 th boys/9 th boys
200M Dash	7 th girls/9 th girls	7 th boys/9 th boys
1600M run	7 th girls/9 th girls	7 th boys/9 th boys
1600M Relay	7 th girls/9 th girls	7 th boys/9 th boys

**COACHES HOSPITALITY IN UPPER
CONCESSION STAND**



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Wilburton Track Meets 2017

Track Entry Form
918-465-3125
918-465-1141 fax

JH-March 21st, 2017

\$60.00 7th Boys _____

\$60.00 7th Girls _____

\$60.00 8th/9th Boys _____

\$60.00 8th/9th Girls _____

HS-March 23rd, 2017

\$80.00 HS Boys _____

\$80.00 HS Girls _____

TOTAL _____

Payment Method: Check one

Enclosed: _____ Send: _____ Bring: _____

Please complete the following information.

School Name: _____

Coach: _____

Contact Number: _____