



WOODWARD ATHLETICS
PO BOX 668
WOODWARD, OK 73802
(580) 256-5329
www.woodwardps.net



January 20, 2017

The Woodward High School and Middle School track coaches would like to invite you and your track teams to our first MS-HS combined meet at Woodward High School. The date of the meet is March 24, 2017. This meet is open to all classes.

There will be four divisions: Middle School Boys & Girls grades 7 & 8 and High School Boys and Girls grades 9-12.

There will be a coaches meeting at 9:30 AM inside the stadium. The field events will begin at 10:00 and the running events will begin at 10:15. All running events will be a timed final and will follow the OSSAA recommended format for the order of events for the meet.

The entry fees are as follows:

\$100 per high school team (a team consists of four or more) or \$10 per individual. \$60 per junior high team. \$300 if you bring all 4 divisions.

ATTENTION

(If you have paid a full entry for another division) Example: You enter a 8th Boys division, then you could enter a 7th Boys division for \$40.00. Both will be eligible for points and medals. (Please call if you have questions)

Trophies will be awarded for 1st place in the boys and girls divisions, medals will be awarded for 1st, 2nd, and 3rd place in both divisions.

A concession stand will be available. We will also have a complimentary meal for all coaches in the locker room.

The team camp area will be located on the North and South ends of the stadium. Please remind your athletes to pick up their campsite.

Busses need to park in the parking lot near left field of the baseball field. (The baseball field is Northwest of the Track/Stadium)

*ATTENTION COACHES (On-line Entries): Schools planning to attend this meet must submit their entries on ENDURO Entries (TrackRoster) by completing Steps 1–3. (Steps 4 & 5 are optional.) The **ENTRY DEADLINE** for this meet is **Thursday, March 23th @ 5:00pm**. This is a "Roster Only" meet. Log into your account at: www.enduroentries.com * * * **NO LATE ENTRIES** * * * Schools who have not entered on-line will not be added at the meet. * * * If you have any questions about your ENDURO Entries account, please email your questions to: kevin@endurousa.com*

If you have any questions, please call me at 580-580-819-3548 or email ashixon@woodwardps.net Thank you for attending!



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9:30 Coaches Meeting in home locker room

10:00 FIELD EVENTS {4 ATTEMPTS for junior high and 3 ATTEMPTS then 3 more in the finals for the high school}

High Jump HS Girls, HS Boys, MS Girls, MS Boys (Minimum start height-MSG 3 ϕ /MSB 4 ϕ)
Long Jump MS Boys, HS Girls, HS Boys, MS Girls (Minimum to mark-MSG 10 ϕ /MSB 12 ϕ)
Discus HS Boys, MS Girls, MS Boys, HS Girls (Minimum to mark-MSG 50/MSB 75)
Shot Put MS Girls, MS Boys, HS Girls, HS Boys (Minimum to mark-MSG 25/MSB 30)
Pole Vault MS Girls, HS Girls, MS Boys, HS Boys (Minimum start height-MSG 5 ϕ /MSB 6)

10:15 RUNNING EVENTS

TIMED FINALS MEET

400 Relay---MS Girls, MS Boys, HS Girls, HS Boys
3200 Relay---MS Girls, MS Boys, HS Girls, HS Boys
100 Hurdles---MS Girls 30+HS Girls 33+
110 Hurdles---MS Boys 33+HS Boys 39"
3200 Meter Run---MS Boys, HS Boys
800 Meter Relay---MS Girls, MS Boys, HS Girls, HS Boys
800 Meter Run---MS Girls, MS Boys, HS Girls, HS Boys
100 Meter Dash---MS Girls, MS Boys, HS Girls, HS Boys

PROPOSED BREAK (30 minute lunch break around 12:00)

3200 Meter Run---MS Boys, HS Girls
400 Meter Dash---MS Girls, MS Boys, HS Girls, HS Boys
300 Meter Hurdles---MS Girls 30+HS Girls 30+
300 Meter Hurdles---MS Boys 30+HS Boys 36+
200 Meter Dash--- MS Girls, MS Boys, HS Girls, HS Boys
1600 Meter Run--- MS Girls, MS Boys, HS Girls, HS Boys
Throwers Relay- MS, HS (can be co-ed)
1600 Meter Relay--- MS Girls, MS Boys, HS Girls, HS Boys