## WYNNEWOOD 5" & 6" GRADE TRACK & FIELD MEET

DATE: APRIL 6, 2017

ENTRY FEE: \$65 Per Team or \$260 for all 4 teams or \$10 per Individual (up to 3) PLEASE RSVP IF

PLANNING TO ATTEND (405) 665-1113

FACILITIES: 6 Lane Metric New Polyurethane Surface

LJ, HJ, & PV approaches are Polyurethane Surfaces

Discus and Shot Put slabs are Concrete

AWARDS: NO TEAM SCORES

MEDALS to the Top FIVE (5) PLACES in INDIVIDUAL EVENTS & TOP THREE (3)

PLACES IN RELAYS

4 DIVISIONS: ONLY 3 PARTICIPANTS PER SCHOOL IN EACH EVENT & ONE RELAY TEAM

ONLY. NO EXCEPTIONS!!! (B Teams will be charged as a Team Entry)

5<sup>TH</sup> GRADE GIRLS 5<sup>TH</sup> GRADE BOYS 6<sup>TH</sup> GRADE BOYS

PAYMENT: MAKE CHECKS PAYABLE TO: WYNNEWOOD TRACK

MAIL TO: WYNNEWOOD HIGH SCHOOL

702 EAST ROBERT S. KERR BLVD.

WYNNEWOOD, OK 73098 ATTENTION: Richard Norman

INCLEMENT WEATHER 6 CALL (405) 761-5258 Richard Norman

## **GENERAL INFORMATION**

- 1. Coaches Meeting at 9:00 a.m.
- 2. All heating will be done at the HEATING BENCHES.
- 3. FIELD EVENTS begin at 9:30 a.m. TIMED FINALS begin at 10:00 a.m.
- 4. Each school is allowed THREE (3) INDIVIDUALS or ONE RELAY per EVENT. (extra individuals will be charged)
- 5. Competitors are limited to FOUR (4) EVENTS.
- 6. STARTING BLOCKS will be furnished.
- 7. ALL CAMPS will be on the practice field. (West of the Track)
- 8. EACH TEAM IS RESPONSIBLE FOR THE CARE OF IT & VALUABLES.
- 9. CONCESSION STAND WILL BE OPEN.
- 10. Dressing rooms are not available.
- 11. Restrooms will be open.
- 12. NON-CONTESTANTS WILL NOT BE ALLOWED INSIDE THE TRACK.
- 13. COACHES may be on the FIELD. Please do not interfere with Judges/Timers/Clerks.
- 14. FIELD EVENTS will get THREE (3) ATTEMPTS. NO FINALS.

SHORT SPIKES\*\*\*\*SHORT SPIKES\*\*\*\*SHORT SPIKES\*\*\*\*

If you have any questions, please call (405) 665-1113.

Richard Norman Athletic Director

## WYNNEWOOD JUNIOR HIGH INVITATIONAL TRACK & FIELD MEET

ONLY 3 PARTICIPANTS IN EACH EVENT OR ONE RELAY TEAM FROM YOUR SCHOOL.

FIELD EVENTS: 9:30 A.M. NO FINALS

EACH CONTESTANT WILL RECEIVE ONLY THREE (3) ATTEMPTS TOTAL.

 SHOT
 5G ó 5B ó 6G ó 6B (3 THROWS)

 DISCUS
 6G ó 6B ó 5G ó 5B (3 THROWS)

 LONG JUMP
 5B ó 6B ó 5G ó 6G (3 JUMPS)

HIGH JUMP 6B ó 5B ó 6G ó 5G

## RUNNING EVENTS 10:00 A.M. TIMED FINALS

400 METER RELAY 5G ó 5B ó 6G ó 6B 100 METER HURDLES 5G ó 5B ó 6G ó 6B \*ALL HURDLES RACES WILL BE AT 30ö 100 METER DASH 5G ó 5B ó 6G ó 6B 800 METER RELAY 5G ó 5B ó 6G ó 6B 800 METER RUN 5G ó 5B ó 6G ó 6B 400 METER DASH 5G ó 5B ó 6G ó 6B 300 METER HURDLES 5G ó 5B ó 6G ó 6B 200 METER DASH 5G ó 5B ó 6G ó 6B 1600 METER RUN 5G ó 5B ó 6G ó 6B 1600 METER RELAY 5G ó 5B ó 6G ó 6B

SHORT SPIKES\*\*\*\*\*\*\*SHORT SPIKES\*\*\*\*\*\*SHORT SPIKES