



**Alex 4th, 5th, and 6th Grade Invitational
Thursday April 19th, 2018
4th / 5th / 6th Division**

**Coaches Meeting: 9:00 am
Field Events: 9:30 am
Running Events: 10:00 am**

Track Coaches: On Behalf of the Alex Public School System, we would like to invite you to the Annual Alex 4th, 5th, and 6th Grade Invitational on Thursday April 19th, 2018 Starting at 9:00 am.

Entry Fees: \$25 Per Division
\$150 for All Divisions
Make Checks Payable to: Alex Public Schools

Awards: Medals to the top 3 in each event.

Contestants: Each school may enter 3 contestants per event and 1 relay.
Athletes may enter 4 events

4 Divisions: 4th Girls, 4th Boys, 5th girls, 5th boys, 6th Girls, 6th Boys

Track: New 8 lane all weather surface.
SHORT SPIKES ONLY!

Timed Finals: All Events

Parking: All Buses will park in the baseball parking lot south of the track.

Facilities: Concession Provided. Hospitality for Coaches Provided. No Dressing Rooms

PLEASE RSVP!

Send Checks to: Alex Public Schools
PO Box 188 Alex, OK 73002
email: mbrand@alex.k12.ok.us or cell: (405)664-2106



Schedule of Events

9:00 am

Coaches Meeting

9:30 am

Field Events

High Jump	4th Girls, 4th Boys, 5th girls, 5th boys, 6th Girls, 6th Boys
Long Jump	4th Boys, 4th Girls, 5th Boys, 5th Girls, 6th Boys, 6th Girls
Shot Put	6th Girls, 6th Boys, 5th Girls, 5th Boys
Discus	5th Girls, 5th Girls, 6th Girls, 6th Boys
Softball Throw	4th Girls, 4th Boys

10:00 am

Running Events

Order:	4th Girls, 4th Boys, 5th Girls, 5th Boys, 6th Girls, 6th Boys
400 Meter Relay	
800 Meter Run	
60 Meter Hurdles	4th Girls, 4th Boys
100 Meter Hurdles	5th Girls, 5th Boys, 6th Girls, 6th Boys
100 Meter Dash	
400 Meter Run	
200 Meter Dash	
1600 Meter Relay	

NO TEAM CAMPS ON THE TRACK INFIELD

OSSAA RULES APPLY