

Wampus Cat

Junior High Invitational

6th 7th 8th Grades

April 9, 2017

Coaches, we're proud to invite you to our 1st annual Wampus Cat Junior High Invitational in our new sports complex, with an eight lane all-weather track, and new throwing and jumping areas.

- Coaches meeting 9:30 in the weight room
- There will be six divisions
6th Grade Girls 6th Grade Boys
7th Grade Girls 7th Grade Boys
8th Grade Girls 8th Grade Boys
- Entry Fee: \$55.00 per division or \$300.00 for all six divisions
- **ON-LINE ENTRES** - - - see below - - -
Entry Deadline: day before the meet (April 8th) @ 5pm. (see below)
- Qualifying heights and distances to be determined at the coaches meeting. (There will be a qualifying marks in shot put, discus, and long jump.) After qualifying, each athlete will get three competitive measured attempts.
- All running events will be automated timed finals.
- Hospitality room provided for coaches and administrators in the weight room.
- Coaches please have only athletes who are warming up, competing, or cooling down on the infield. **NO camps or lawn chairs allowed on the infield.**
- Custom medals awarded to the top three relay finishers and top five finishers in all other events.
- ¼ inch spikes or shorter ONLY, starting blocks will be provided.
- Bus Parking will be behind the home bleachers on the west side of the stadium.

OSSAA Rules apply

If you plan on attending, need further information, or in case of inclement weather contact:

Chet Braudrick - Office 580-889-3361 Cell 580-889-0054

John Sullenger - 580-889-3361

AD Russ Harrison - 580-889-3361

ONLINE ENTRIES: Schools planning to attend our meet must submit their entries on the **ENDURO USA** website by completing the steps on the "Entries" window to select a "division" for each student being entered. (This is a "Roster Entries" meet.) The on-line ENTRY DEADLINE is the day before the meet @ 5:00pm. Log into your account at: **www.endurousa.com**
NO LATE ENTRIES *** Schools who have not entered on-line will not be added at the meet. ***
If you have questions about your ENDURO USA account, please message Kevin through your ENDURO USA account, or email him at: kevin@runenduro.com

ORDER OF EVENTS

FIELD EVENTS - 10:00 A.M.

Long Jump 6G-7-G, 8-G, 6-B, 7-B, 8-B

High Jump 6B-7-B, 8-B, 6G, 7-G, 8-G

Shot Put 8-G, 7-G, 6-G, 8-B, 7-B, 6-B

Discus 8-B, 7-B, 6-B, 8-G, 7-G, 6-G

Pole Vault 8-G, 7-G, 8-B, 7-B (depending on numbers we may group vaulters)

TIMED FINALS - 10:00 A.M.

400 Meter Relay Girls-Boys

3200 Meter Relay Girls-Boys

100 Meter Hurdles Girls-Boys

800 Meter Relay Girls-Boys

800 Meter Run Girls-Boys

100 Meter Dash Girls-Boys

400 Meter Run Girls-Boys

300 Meter Hurdles Girls-Boys

200 Meter Dash Girls-Boys

1600 Meter Run Girls-Boys

1600 Meter Relay Girls-Boys