

# WAMPUS CAT INVITATIONAL

April 10<sup>th</sup> 2017

Coaches, we are proud to invite you to our first annual Wampus Cat Invitational in our brand-new sports facility with an eight lane all-weather track, and new throwing and jumping areas. Due to date availability and loss of school time, we will have a **12 team limit**. --- Coaches meeting at 2:30, in the weight room.

All events to start at 3:00.

## **You must contact one of the coaches below to inform us of your attendance.**

- There will be Two divisions- Varsity Girls and Varsity Boys
- Entry Fee: \$80.00 per division
- **ON-LINE ENTRES** - - - see below - - -  
**Entry Deadline:** day before the meet (April 9<sup>th</sup>) @ 5pm. (see below)
- Starting heights and distances to be determined at coaches meeting.
- Hospitality room provided for coaches and administrators in the weight room.
- Custom medals awarded to the top three relay finishers and top five finishers in all other events.
- ¼ inch spikes or shorter only- starting blocks will be provided.
- All running events will be automated timed finals only.
- Bus Parking will be behind the home bleachers on the west side of the stadium.
- Only athletes who are warming up, competing, or cooling down permitted on the infield. NO camps or lawn chairs allowed on infield.

## **OSSAA Rules apply**

If you plan on attending, need further information, or in case of inclement weather, please contact one of these coaches:

Chet Braudrick - Office 580-889-3361 -or- Cell 580-889-0054

John Sullenger - 580-889-3361

AD Russ Harrison - 580-889-3361

**ONLINE ENTRIES:** Schools planning to attend our meet must submit their entries on the ENDURO USA website by completing the steps on the "Entries" window to select a division for each student being entered. (This is a "Roster Entries" meet.) The on-line ENTRY DEADLINE is the day before the meet @ 5:00pm. Log into your account at: **www.endurousa.com** \* \* \* NO LATE ENTRIES \* \* \* **Schools who have not entered on-line will not be added at the meet.** \* \* \*

If you have questions about your ENDURO USA account, please message Kevin through your ENDURO USA account, or email him at: kevin@runenduro.com

# Order of Events

## Field Events

Shot G-B

Discus B-G

High Jump G-B

Long Jump B-G

Pole Vault B-G

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## Timed Finals

400 Meter Relay G-B

3200 Meter Relay G-B

100 Meter Hurdles (33") G

110 Meter Hurdles (39") B

3200 Meter Run B

800 Meter Relay G-B

800 Meter Run G-B

100 Meter Dash G-B

## Proposed Break-30 minutes *Time permitting*

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3200 Meter Run G

400 Meter Run G-B

300 Meter Hurdles (30") G

300 Meter Hurdles (36") B

200 Meter Dash G-B

1600 Meter Run G-B

1600 Meter Relay G-B