

Bristow High School

Athletic Department

Floyd Robinson – Activities Director
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Bristow Freshmen Meet

Monday April 9th , 2018

On behalf of the Bristow Public School System, we extend to you and your teams a sincere invitation to participate in our Freshmen Track and Field Meet. The following will give you the information you need for the meet. This will be a timed final meet.

Limited to 12 Teams!!!

Entry Fee: \$60.00 for each boys and girls team. \$10.00 per individual if less than four (4) members on a team. NO REFUNDS.

Time: All teams report to Bristow Football Field by 3:30 p.m. for coaches meeting. All events will begin at 4:00 p.m.

Divisions: There will be two divisions
9th grade boys/girls

Medals: Awarded to 1st, 2nd, and 3rd places in all events.

Trophies: Awarded to 1st and 2nd place teams in all divisions.

Team Points: Awarded to 1st thru 6th places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

Equipment: Bristow will furnish all starting blocks to contestants. ¼ö or shorter spikes are required.

Participants: Each school can only enter 3 athletes in each event.

Oklahoma Secondary School Association Rules Apply

We hope that you and your teams can be with us for this track meet.

Contacts:

Shannon Hilburn – H. S. Track Coach
Email ó shilburn@bristow.k12.ok.us

Bristow Freshmen Track Meet

Schedule of Events

Field Events

4:00 p.m.	High Jump	9B, 9G
	Long Jump	9G, 9B
	Shot	9B, 9G
	Discus	9G, 9B,
	Pole Vault	9G, 9B

Time Finals

4:00 p.m.	400 Relay	Girls, Boys
	3200 Relay	Girls, Boys
	100 Hurdles	Girls
	110 Hurdles	Boys
	800 Relay	Girls, Boys
	800 Run	Girls, Boys
	100 M Dash	Girls, Boys
	400 M Dash	Girls, Boys
	300 M Hurdles	Girls, Boys
	200 M Dash	Girls, Boys
	1600 Run	Girls, Boys
	1600 Relay	Girls, Boys