# Steve Hickman Invitational Track Meet Cherokee High School Classes 4A-A

**Divisions:** HS Girls

**HS** Boys

Date/Time: March 15<sup>th</sup>, 2018 10:00 am Coaches Meeting

10:30 am Field Events 12:00 pm Running Events

**Facilities:** Track is a Full Pour Polyurethane System, BSS 1000 from Beynon Sports.

Four runways to accommodate N, S, E, or W wing in LJ & PV. NW & SE discus cages, Two Shot Put rings with landing area.

Large HJ apron.

**Timing:** FAT, FinishLynx Timing System

**Entry:** \$90 for each division. \$180 for boys & girls teams.

\$18 for individuals (4 or less).

B teams allowed to compete for fee, however, additional entry is required to

medal and score.

Attention Coaches: All team entries must be completed online: <a href="www.endurousa.com">www.endurousa.com</a>
Only team rosters will be needed. Races will be heated at the meet.

## Online entries due March 13th at 6:00 pm

### **Entry Confirmation:**

Please contact Bryce Schanbacher, schanbacherb@cherokee.k12.ok.us or by cell at (580) 351-8578 for confirmation. We will contact all confirmations in the event of inclement weather.

No set team limit, however, please confirm early to insure your teams spot. We may close off entries if there are a large number of entries. Your confirmation will insure your spot.

Mail Checks to: Cherokee Public Schools

Attn: Track Entry PO Box 325

Cherokee, Ok 73728

**Awards:** Medals will be given to top 6 places in individual events and top 5 in relay events.

Team awards for Champion and Runner-up.

**Hospitality:** Provided throughout the meet for all coaches in the Fieldhouse.

OSSAA RULES AND SCORING APPLY.

SHORT SPIKES ONLY: 1/8" & '/4" PYRAMID SPIKES ONLY. NO CHRISTMAS TREE OR NEEDLE SPIKES ALLOWED.

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#### **Schedule of Events**

10:00 am Coaches Meeting in the Fieldhouse

#### 10:30 am Field Events

Long Jump: Boys, Girls
High Jump: Girls, Boys
Pole Vault: Girls, Boys
Shot Put: Boys, Girls
Discus: Girls, Boys

## 12:00 pm Running Events

400 Meter Relay Girls, Boys 3200 Meter Relay Girls, Boys 100 H. Hurdles Girls 110 H. Hurdles Boys 100 Meters Girls, Boys 3200 Meters Boys 800 Meter Relay Girls, Boys (Final) 3200 Meters Girls 200 Meters Girls, Boys

### - 45 Minute Break –

400 Meter Relay Girls, Boys 800 Meters Girls, Boys 100 H. Hurdles Girls 110 H. Hurdles Boys Girls, Boys 100 Meters Girls, Boys 400 Meters 300 Meter Hurdles Girls, Boys Girls, Boys 200 Meters Girls, Boys 1600 Meters 1600 Meter Relay Girls, Boys