

Collinsville Cardinals
JH Track Meet
Thursday April 19, 2018

On behalf of the Collinsville Public Schools, we are extending a sincere invitation to your junior high boys and girls track teams to participate in our **open class** meet. **Grades 7-8.** ALL TEAMS AND ATHLETES MUST BE ENTERED ON TRACKROSTER.COM BY 4/18/18 BY 6:00 PM. Our track is an eight lane, state of the art synthetic surface track and our high jump and pole vault pits are collegiate styles that far surpass the safety standards set by national federation guidelines.

Location: Collinsville High School is located on highway 20, 3 miles east of hwy 75 and 1.5 miles west of hwy 169. The track facility sits to the northwest of the high school.

Bus Parking: North of the high school.

Team Camps: TBD.

Entry Fees: \$75 for each team. If you bring B teams, it will cost \$50.00 per additional team. \$12.00 per individual if less than four (4) members on a team (applicable to B teams as well).

Time: We will have a coaches meeting at 3:00pm. We will begin the field events at 3:30 and running events at 4:00. This will be a **TIMED FINALS** meet.

Limitations: Each school is limited to one (1) relay team. Each school is limited to three (3) competitors per event. Each contestant is limited to four events, including relays and field events.

Medals: Medals will be awarded to the top five finishers in each event, **except relays**, where the top 3 placing teams will receive medals.

Scoring: No team trophies.

Equipment: Collinsville will furnish all starting blocks to contestants. ¼" spikes or shorter are required. We will provide tennis balls for any track marking you may need.

Restrooms: Restrooms are located north and south ends of the Collinsville Track Facility which is directly behind the track bleachers.

Absolutely no athletes will be allowed to enter the school building during the track meet

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

Please understand that we will follow the rules of the Oklahoma High School Coaches Association and the Oklahoma Track Coaches Association.

Sean Tesar – Head Boys Track Coach

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School: (918) 371- 4802, 371-2541

Cell: (918) 520-2630

Rhonda Rogers – Head Girls Track Coach

Email Address: Rrogers@collinsville.k12.ok.us

School: (918) 371- 4802

Cell: (918) 629-1686

School Address: 1902 W Maple
Collinsville, OK. 74021

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Order of Events

Field Events 3:30 pm

High Jump	8G, 7G, 8B, 7B
Long Jump	8B, 7B, 8G, 7G
Pole Vault	7G-8G, 7B-8B
Shot	7B, 8B, 7G, 8G
Disc	7G, 8G, 7B, 8B

Running Events 4:00 pm

400m Relay	7G, 8G, 7B, 8B
3200m Relay	7G, 8G, 7B, 8B
100m Hurdles	7G, 8G
110m Hurdles	7B, 8B
800 Relay	7G, 8G, 7B, 8B
800m Run	7G, 8G, 7B, 8B
100m dash	7G, 8G, 7B, 8B
400m Dash	7G, 8G, 7B, 8B
300m Hurdles	7G, 8G, 7B, 8B
200m Dash	7G, 8G, 7B, 8B
1600m Run	7G, 8G, 7B, 8B
1600m Relay	7G, 8G, 7B, 8B