



Coweta JH Tiger Track Classic



Thursday April 19th, 2018 - 5A and Below (8 Team Limit)

*****BRAND NEW TRACK SURFACE THIS YEAR...ALL WEATHER RUBBER SURFACE.**

On behalf of the Coweta Public Schools, we are extending an invitation to participate in our High School Boys and Girls Track and Field Meet. Coweta Schools have an 8 lane Track and Field Complex just south of the Tiger Football Stadium. Limited to the first 12 confirmed schools.

Schools planning to attend this meet must submit their entries enduroussa.com by completing Steps 1 - 5 for "Seeded" meets. The entry deadline for this meet is Monday April 16th, 2018 –please contact scott.chronister@cowetaps.org for questions

Location:

Coweta High School
14705 S. 305th St
Coweta OK, 74429

Coweta High School Mailing Address:

Coweta High School
Attn: Kerri Bradshaw
PO Box 550
Coweta, Ok. 74429

Bus Parking: Athlete drop off will be at the track parking lot on the west side of the track. Buses will be parked in the east parking lot of Coweta Football Stadium.

Fees: \$70.00 for each division; 7th grade boys, 7th grade girls, 8th grade boys, 8th grade girls (4 divisions. For teams of four athletes or less: \$10.00 per person. Make checks payable to: Coweta Public Schools.

Heating: Heating will be done by “seed” and completed by enduroussa.com. When athletes come to heating bench, they will be given their lane assignments.

Time: A coaches meeting will be at 2:00pm in the track building south of the finish line. Field Events will begin at 2:30pm and running events will begin at 3:00pm. This meet is **TIMED FINALS**.

Limitations: Each school is limited to one (1) relay team.
Each school is limited to three (3) competitors per event.
Each contestant is limited to four events, including relays and field events.

Medals: Medals will be awarded to the top three finishers in each event.

Trophies: 1 team award will be given per division. Boys Team Champion and Girls Team Champion.

Team Points: Awarded to top six finishers (10 –8 –6 –4 –2 - 1) in individual events and in relays, (20 –16 –12 –8 –4 –2).



Coweta JH Tiger Track Classic



Equipment: Coweta will furnish all starting blocks to contestants. $\frac{1}{4}$ " spikes, or shorter, are required. **DO NOT USE TAPE ON THE TRACK.**

Restrooms/Concessions: Located underneath the stadium. No glass bottles allowed in stadium!

Dressing facilities: NO DRESSING FACILITIES.

Lunch Break: We will feed coaches and workers at the break

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

Scott Chronister - Head Track Coach

Head JH Coach – Pete Carter

Head JH Coach – Ashton Cooper

Bob Clements - Assistant

Jordan Kimball - Assistant

Chester Knight - Assistant

Email Address: scott.chronister@cowetaps.org

School (918) 486-4474

Tim Johnson, AD Office# (918) 486-6103 Fax: (918) 486 7307



Coweta JH Tiger Track Classic



ORDER OF EVENTS

3:00pm

400 METER RELAY GIRLS BOYS
3200 METER RELAY GIRLS BOYS
100 M HURDLES GIRLS 33"
110 M HURDLES BOYS 39"
800 METER RELAY GIRLS BOYS
800 METER RUN GIRLS BOYS
100 METER DASH BOYS GIRLS
Break
400 METER DASH GIRLS BOYS
300 METER LH GIRLS 30"
300 METER IH BOYS 36"
200 METER DASH GIRLS BOYS
1600 METER RUN GIRLS BOYS
1600 METER RELAY GIRLS BOYS

2:30pm

FIELD EVENTS

POLE VAULT BOYS GIRLS
HIGH JUMP GIRLS BOYS
LONG JUMP BOYS GIRLS
SHOT PUT BOYS GIRLS
DISCUS GIRLS BOYS

NOTE: SHOT PUT, DISCUS, LONG JUMP, will be prelims/finals format, will be 3 throws/jumps in the prelims and 3 in the finals, 8 athletes will be taken to the finals

We will use qualifying marks in the shot, disc, and long jump. The distances will be determined at the 2:00pm coaches meeting.

All implements must be marked with appropriate weights