

GLENPOOL J.H. INVITATIONAL TRACK MEET
7th and 8th grade
March 29th, 2018

On behalf of the Glenpool Public School System, we extend to you and your teams a sincere invitation to participate in our middle school boys and girls track and field meet. The following will give you the information for the meet.

ENTRY FEE: \$75.00 for each boys and girls team. \$20.00 per individual if less than four (4) members on a team.

TIME: All teams report to the Glenpool football field by 8:30 a.m. for coaches meeting. Field events will begin at 9:00 a.m. and timed finals in running events at 9:30 a.m.

DIVISIONS: There will be four divisions 7th and 8th boys and 7th and 8th girls.

LIMITATIONS: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Four (4) throws will be given in the shot and discus, and four (4) jumps in the long jump. There will be a girls pole vault in all divisions.

MEDALS: Awarded to 1st, 2nd, and 3rd places in all events.

PLAQUES: Awarded to 1st and 2nd place teams.

TEAM POINTS: Awarded to 1st thru 6th places (10-8-6-5-2-1) in individual events and in relays (20-16-12-8-4-2).

EQUIPMENT: Glenpool will furnish all starting blocks to contestants. 3/16" or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

There will be a coaches feed at the break. We hope that you and your teams can be with us for this track meet. Please fill out the enclosed entry form and mail or fax it to us ASAP. Please call the athletic department if you have any questions. Thank you.

Glenpool Junior High Track Meet

March 29th, 2018

Order Of Events

Field Events

9:00 a.m.	High Jump	8B-7B-8G-7G
	Long Jump	8G-7G-8B-7B
	Shot	7G-8B-8G-7B
	Discus	7G-8G-7B-8B
	Pole Vault	7G-7B-8G-8B

Time Finals

9:30	400 Relay	7G-8G-7B-8B
	3200 Relay	7G-8G-7B-8B
	100 Hurdles	7G-8G
	110 Hurdles	7B-8B
	800 Relay	7G-8G-7B-8B
	800 Run	7G-8G-7B-8B
	100 Dash	7G-8G-7B-8B

Proposed Break

	400 Dash	7G-8G-7B-8B
	300 Hurdles	7G-8G-7B-8B
	200 Dash	7G-8G-7B-8B
	1600 Run	7G-8G-7B-8B
	1600 Relay	7G-8G-7B-8B

GLENPOOL JUNIOR HIGH INVITATIONAL TRACK MEET

March 29th, 2018

ENTRY FORM

SCHOOL_____Phone_____

COACH_____

TEAMS(Check the ones you will have)

7th Boys_____7th Girls_____

8th Boys_____8th Girls_____

\$75.00 per team or \$20.00 per individual, if less than 4 members on a team.

Amount paid_____

PLEASE MAIL TO KATHY TYREE
GLENPOOL SCHOOLS
PO BOX 1149
GLENPOOL, OK 74033