

# **Hinton Comet 5<sup>th</sup>– 6<sup>th</sup> Track and Field meet**

**Wednesday March 28. Coaches meeting at 9:15**

**Please contact Coach Russ at 405-545-0155 to enter !!!!**

Divisions: 5<sup>th</sup> grade boys/girls and 6<sup>th</sup> grade boys/girls

Participation: Athletes may enter 4 events.

Awards: Ribbons will be given to the top 5 in each individual event and the top 3 relays. No team awards will be given.

Entry Fee: \$50 per team--\$200 for all 4 divisions. \$10 per individual when less than 4 team members. Mail checks to Hinton High School, C/o Dale Russ, PO box 1036, Hinton, OK. 73047.

9:30 Field Events    High Jump    5<sup>th</sup> boys/6<sup>th</sup> boys/5<sup>th</sup> girls/6<sup>th</sup> girls

                                 Long Jump    5<sup>th</sup> girls/6<sup>th</sup> girls/ 5<sup>th</sup> boys/6<sup>th</sup> boys

                                 Shot put     5<sup>th</sup> boys/6<sup>th</sup> boys/5<sup>th</sup> girls/6<sup>th</sup> girls

                                 Discus        5<sup>th</sup> girls/6<sup>th</sup> girls/5<sup>th</sup> boys/6<sup>th</sup> boys

10:00 Running Events    Order will be: 5<sup>th</sup> girls/5<sup>th</sup> boys/6<sup>th</sup> girls/6<sup>th</sup> boys

1. 400 METER RELAY
2. 80 METER HURDLES
3. 800 METER RELAY
4. 800 METER RUN
5. 100 METER DASH
6. 400 METER DASH
7. 200 METER DASH
8. 1600 METER RUN
9. 1600 METER RELAY