### HOMINY HIGH SCHOOL

611 N Eastern, Hominy, OK 74035

# HOMINY HS – DANNY DANIELS INVITATIONAL TRACK MEET

## **MARCH 8, 2018**

**ORDER OF EVENTS** 

COACHES MEETING 9:15 IN THE FIELD HOUSE

#### **FIELD EVENTS 9:30AM**

| SHOT PUT   | B-G |
|------------|-----|
| DISCUS     | G-B |
| LONG JUMP  | G-B |
| HIGH JUMP  | B-G |
| POLE VAULT | B-G |

#### **TIMED FINALS 10:00AM**

| 400 RELAY   | G-B |
|-------------|-----|
| 3200 RELAY  | G-B |
| 100 HURDLES | G   |
| 110 HURDLES | В   |
| 3200 RUN    | В   |
| 800 RELAY   | G-B |
| 800 RUN     | G-B |
| 100 DASH    | G-B |

#### **LUNCH BREAK (30 MIN)**

| 3200 RUN    | G   |
|-------------|-----|
| 400 DASH    | G-B |
| 300 HURDLES | G-B |
| 200 DASH    | G-B |
| 1600 RUN    | G-B |
| 1600 RELAY  | G-B |

- Entry Fee \$75.00/Team. \$10 per contestant if no team fee (4 or below). B & G Divisions (9-12)4A & Below.
- Medals 1-5 Places Individually. 1-3 on Relays. No Team Plaques
- Make checks payable to Hominy HS. You can either mail in fee or wait until coaches meeting to pay.
- Coaches Meal Provided at the break and in the Football Field House.
- Contact Coach Christian (918) 885-6253 or <a href="mailto:cchristian@hominy.k12.ok.us">cchristian@hominy.k12.ok.us</a> for further information.