

Inola Middle School



P.O. Box 819

803 East Commercial Inola, OK 74036-0819 FAX 918-543-6268 Jeff Unrau- Middle School Principal

Patrick Mullen- Assistant Principal

Kím Mízera Secretary 543-2434 Amanda Bullard Secretary

543-3105

Jamee Combs Counselor 543-3103

Inola Middle School Invitational Track Meet Class 4A and Below - Tuesday, April 10, 2018

<u>Time:</u> Coaches meeting - 9 am; Field events - 9:30 am; Running events - 10 am Divisions: 7th Girls, 7th Boys, 8th Girls, 8th Boys (Timed Finals - "Roster Only" entries)

<u>ON-LINE ENTRIES</u>: Entries are to be complete online at: <u>www.endurousa.com</u> If you do not already have an account, you will need to visit the **NEW** "ENDURO" website (<u>www.endurousa.com</u>). After you set up your new account, you must <u>UPGRADE</u> your account to "<u>Coach of Record (school meets)</u>". The blue button to upgrade is in the upper-right corner of the Home Page. After you upgrade to "Coach of Record (school meets)", click on "<u>My Roster List</u>" to find your roster and add students. You must add our meet to your on-line schedule and complete the necessary steps to enter your athletes.

Entry deadline: the day before the meet at 5PM. Teams will NOT be added at the meet. (NO EXCEPTIONS)

Medals: 1st through 5th place on individual events.

Relays - 1st through 3rd place. (No team trophies but points will be kept.)

Entry Fee: \$80.00 per Division / \$15.00 per Individual (1-3 athletes)

Please mail entry prior to the meet OR BRING THE DAY OF THE MEET.

No refunds.

Please make checks payable to:

Inola Public Schools

P.O. Box 819 Inola, OK 74036

Attention: Coach Andrews

Limitations: Each school is limited to one (1) relay team per event.

Each school is limited to three (3) competitors per event.

Each contestant is limited to four (4) events, including relays & field

events.

Starting blocks will be provided for all contestants.

1/4" spikes or shorter are required.

NO team camps on the infield please.

PLEASE....DO NOT USE TAPE ON THE TRACK.

Lunch Break: Lunch will be provided for coaches & workers.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY Coach Kanella Andrews – 918-636-2444 Coach Doug Evans – 918-269-8025