

JENKS TROJAN MIDDLE SCHOOL TRACK INVITATIONAL

APRIL 16TH, 2018

TEAM: There will be an 8 team limit; first 8 teams to contact will participate.

TIME: Coaches Meeting 9:30am; All Events Start At 10am

ENTRIES: There will be a 7th and 8th grade Girls/Boys Division. We will be using EnduroEntries and you must contact Coach Glenn for the code.

PLACING: All running events will be timed finals. Field events will be 3 attempts only.

AWARDS: Medals will be awarded, 1st thru 5th place on individual events and 1st – 3rd on relays. There will be no team score kept and no team trophies awarded.

HEATING: We will heat in the middle of the field at the heating table. Please try to let your kids know that you want the fastest kid in the 1st heat.

LIMITATIONS: ¼ inch spikes required. Starting blocks will be provided. You must provide your own Relay marking material (NO TAPE).

ENTRY FEE: \$75 for each Division. Please bring a check with you or mail it previous to track meet. Make Checks Payable to: **JENKS ATHLETIC DEPARTMENT**

CONTACT:

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10AM FIELD EVENTS

HIGH JUMP 8B, 7B – 8G, 7G
POLE VAULT 8G, 7G – 8B, 7B
LONG JUMP 8G, 7G – 8B, 7B
SHOT 8B, 7B – 8G, 7G
DISCUS 8G, 7G – 8B, 7B

10AM RUNNING EVENTS

400m RELAY 7G/ 8G – 7B/ 8B
3200m RELAY 7G/ 8G – 7B/ 8B
100m HURDLES 7G, 8G
110m HURDLES 7B, 8B
100m DASH 7G/ 8G – 7B/ 8B
800m RUN 7G/ 8G – 7B/ 8B
800m RELAY 7G/ 8G – 7B/ 8B
400m DASH 7G/ 8G – 7B/ 8B
300m HURDLES 7G/ 8G – 7B/ 8B
200m DASH 7G/ 8G – 7B/ 8B
1600m RUN 7G/ 8G – 7B/ 8B

Throwers Relay (If time allows) at least 1 girl

1600m RELAY 7G/ 8G – 7B/ 8B